



Double Portion:

Title:

SCRIPTURES

- (1) Exodus 35:1-38:20
- (2) Exodus 38:21-40:38
- Hebrews 4:1-10; 3:7-19
- Psalms 95:7-11
- Deuteronomy 30:1-15
- Jeremiah 4:1-4
- Matthew 13:1-22
- Romans 10:5-10
- I Chronicles 29:2-17
- II Corinthians 9:6-15
- Mark 2:23-28

IF YOU HEAR HIS VOICE!

- The Sabbath Rest
- Choose Life
- It's a Heart Issue
- The Willing Heart
- The Stirred Heart
- Freewill Offerings
- The Abundant Heart
- Sow sparingly/Reap sparingly
- Do Not Harden Your Hearts
- The Sabbath Remains
- Sabbath—Made for Man

THEME: MAIN SCRIPTURE(S) THAT HAS INSPIRED MESSAGE

“Work shall be done for six days, but the seventh day shall be a holy day for you, a Sabbath of rest to the LORD. Whoever does any work on it shall be put to death.” Exodus 35:2 NKJV

OUTCOME: MAIN TAKEAWAY(S) I AM HOPING FOR PEOPLE

“For He has spoken in a certain place of the seventh day in this way: “And God rested on the seventh day from all His works”; and again in this place: “They shall not enter My rest.” Since therefore it remains that some must enter it, and those to whom it was first preached did not enter because of disobedience, again He designates a certain day, saying in David, “Today,” after such a long time, as it has been said: “Today, if you will hear His voice, Do not harden your hearts.” For if Joshua had given them rest, then He would not afterward have spoken of another day. **There remains therefore a rest for the people of God. For he who has entered His rest has himself also ceased from his works as God did from His.**”

Hebrews 4:4-10 NKJV

Let's Set the Scene: Portion in a blurb

The Torah is divided into 54 weekly readings meant to be explored throughout each biblical calendar year called the annual Torah cycle. Yet, the normal length of biblical year is counted by lunar (moon) cycles, not a solar (sun) cycle, and has only as 354 days, which yields only 50 or 51 sabbaths on which to do those readings. The biblical “leap year” adds an extra month every 3 years which then adds 4 sabbaths for reading. In addition, a few of the readings each year are meant to be read on biblical feast days and not on the

weekly sabbath. So to insure that each year all of the portions are read, some weeks have double portion readings. This can happen up to 7 times in any Biblical calendar year, differing dependent on when the feasts days fall and if we are in a leap year. This week calls for one of those double portion readings.

1. The first portion in Exodus 35:1-38:20 describes how the assembly of Israel worked together to build the Tabernacle.
2. The second portion in Exodus 38:21-40:38 and the final reading from the book Exodus begins with an audit of how the contributions for the Tabernacle were used. The portion goes on to describe the completion of the Tabernacle and its assembly and concludes by depicting the glory of Yahweh entering it.
3. Sabbath Regulations: Work shall be done for six days, but the seventh day shall be a holy day, a Sabbath of rest **to the Lord**. Kindle no fire throughout your dwellings on the Sabbath day.
4. Offerings for the Tabernacle: metals, garments, skins, oils, spices, precious stones.
5. Articles of the Tabernacle: made by gifted artisans.
6. The Tabernacle Offerings Presented: everyone came whose heart was stirred, and everyone whose spirit was willing, *and* they brought the Lord's offering for the work of the tabernacle.
7. The Artisans Called by God: (35:30) Yahweh has filled him with the Spirit of God, in wisdom and understanding, in knowledge

and to work in all manner of artistic workmanship and the ability to teach.

8. The People Give More than Enough: The people brought **much more** than enough for the service of the work which the Lord commanded *us* to do to the point that Moses has to retrain them from bringing more.
9. Building the Tabernacle: Every detail is described. Notice how many times it instructs that they do everything precisely how Yahweh commanded Moses to do it.
10. Making the Ark of the Testimony: Every detail described.
11. Making the Gold Lampstand: Every detail described.
12. Making the Altar of Incense: Every detail described.
13. Making the Altar of Burnt Offering: Every detail described.
14. Making the Bronze Laver: Every detail described.
15. Making the Court of the Tabernacle: Every detail described.
16. PORTION TWO
17. Materials of the Tabernacle: A complete inventory in detail of all it the gold, silver, and bronze it took to build the tabernacle is recounted.
18. Making the Garments of the Priesthood: all the different aspects are described.
19. Making the Ephod: described in detail with the stones named for the son of Israel.

20. Making the Breastplate: described in details with the four rows of stones, three stones in each row—twelve stones according to the names of the sons of Israel.
21. Making the Other Priestly Garments: described in detail.
22. They made the plate of the holy crown of pure gold, and wrote on it an inscription *like* the engraving of a signet: HOLINESS TO THE LORD.
23. The Work Completed: Thus all the work of the tabernacle of the tent of meeting was finished. And the children of Israel did according to all that the Lord had commanded Moses.
24. Then Moses looked over all the work, and indeed they had done it; as the Lord had commanded, just so they had done it. And Moses blessed them.
25. The Tabernacle Erected and Arranged: On the first day of the first month you shall set up the tabernacle of the tent of meeting.
 - Put in it the ark of the Testimony, and partition off the ark with the veil.
 - Bring in the table and arrange the things that are to be set in order on it;
 - Bring in the lampstand and light its lamps.
 - Set the altar of gold for the incense before the ark of the Testimony

- Put up the screen for the door of the tabernacle.
- Set the altar of the burnt offering
- Set the laver between the tabernacle of meeting and the altar, and put water in it.
- Set up the court all around, and hang up the screen at the court gate.
- Take the anointing oil, and anoint the tabernacle and all that *is* in it.
- Then you shall bring Aaron and his sons to the door of the tabernacle of meeting and wash them with water.
- Put the holy garments on Aaron, and anoint him and consecrate him, that he may minister to Me as priest.
- Bring his sons and clothe them with tunics.
- Anoint them that they may minister to Me as priests; for their anointing shall **surely be an everlasting priesthood** throughout their generations.

26. And it came to pass in the first month of the second year, on the first *day* of the month, *that* the tabernacle was raised up. And Moses took the Testimony and put *it* into the ark. And he brought the ark into the tabernacle, hung up the veil of the covering, and partitioned off the ark of the Testimony, as the Lord had commanded Moses.

27. Moses put everything else in place and finished the work.

28. The Cloud and the Glory: Yahweh's glory filled the tabernacle. Whenever the cloud was taken up from above the tabernacle, the children of Israel would go onward in all their journeys. As long as the cloud remained they did not journey for the cloud of the Lord was above the tabernacle by day, and fire was over it by night, in the sight of all the house of Israel, throughout all their journeys.

TODAY IF YOU HEAR HIS VOICE!

1. **There remains and Sabbath-keeping for the children of Yahweh**

A. **Do you know what it means to enter REST?**

(1) The Sabbath Rest

- (a) "Work shall be done for six days, but the seventh day shall be a holy day for you, a Sabbath of rest to the LORD. Whoever does any work on it shall be put to **death.**" Exodus 35:2 NKJV

(2) Choose Life

- (a) ""See, I have set before you **today life and good, death and evil**, in that I command you today to love the LORD your God, to walk in His ways, and to keep His commandments, His statutes, and His judgments, that you may live and multiply; and the LORD your God will bless you in the land which you go to possess. But if your heart turns away so that you do not hear, and are

drawn away, and worship other gods and serve them, I announce to you today that you shall surely perish; you shall not prolong your days in the land which you cross over the Jordan to go in and possess. **I call heaven and earth as witnesses today against you, that I have set before you life and death, blessing and cursing; therefore choose life,** that both you and your descendants may live; that you may love the LORD your God, that you may obey His voice, and that you may cling to Him, for He is your life and the length of your days; and that you may dwell in the land which the LORD swore to your fathers, to Abraham, Isaac, and Jacob, to give them.” Deuteronomy 30:15-20 NKJV

(3) It's a Heart Issue (Obey His Voice)

- (a) “And the LORD your God will **circumcise your heart** and the heart of your descendants, to love the LORD your God with all your heart and with all your soul, that you may live. “Also the LORD your God will put all these curses on your enemies and on those who hate you, who persecuted you. And you will again obey the voice of the LORD and do all His commandments which I command you today. The LORD your God will make you abound in all the work of your hand, in the

fruit of your body, in the increase of your livestock, and in the produce of your land for good. For the LORD will again rejoice over you for good as He rejoiced over your fathers, **if you obey the voice of the LORD** your God, to keep His commandments and His statutes which are written in this Book of the Law, and if you turn to the LORD your God with all your heart and with all your soul.” Deuteronomy 30:6-10 NKJV

(4) Circumcise the foreskin of your heart!

(a) ““If you will return, O Israel,” says the LORD, “Return to Me; And if you will put away your abominations out of My sight, Then you shall not be moved. And you shall swear, ‘The LORD lives,’ In truth, in judgment, and in righteousness; The nations shall bless themselves in Him, And in Him they shall glory.” **For thus says the LORD to the men of Judah and Jerusalem: “Break up your fallow ground, And do not sow among thorns. Circumcise yourselves to the LORD, And take away the foreskins of your hearts,** You men of Judah and inhabitants of Jerusalem, Lest My fury come forth like fire, And burn so that no one can quench it, Because of the evil of your doings.”” Jeremiah 4:1-4 NKJV

(b) Parable of the soil—DO NOT sow among thorns!

- (1) "Then He spoke many things to them in parables, saying: "Behold, a sower went out to sow." Matthew 13:3 NKJV
- (2) "And some fell among thorns, and the thorns sprang up and choked them." Matthew 13:7 NKJV
- (3) "And the disciples came and said to Him, "Why do You speak to them in parables?" He answered and said to them, "Because it has been given to you to know the mysteries of the kingdom of heaven, but to them it has not been given." Matthew 13:10-11 NKJV
- (4) "Now he who received **seed among the thorns is he who hears the word, and the cares of this world** and the deceitfulness of riches choke the word, and he becomes unfruitful." Matthew 13:22 NKJV
- (5) The Expected Outcome of a Circumcised heart!
 - (a) ""For this commandment which I command you today is not too mysterious for you, nor is it far off. It is not in heaven, that you should say, 'Who will ascend into heaven for us and bring it to us, that we may hear it and do it?' Nor is it beyond the sea, that you should say, 'Who will go over the sea for us and bring it to us, that we may hear it and do it?' **But the word is very near**

you, in your mouth and in your heart, that you may do it.” Deuteronomy 30:11-14 NKJV

- (b) “For Moses writes about the righteousness which is of the law, “The man who does those things shall live by them.” But the righteousness of faith speaks in this way, “Do not say in your heart, ‘Who will ascend into heaven?’ ” (that is, to bring Christ down from above) or, “ ‘Who will descend into the abyss?’ ” (that is, to bring Christ up from the dead). But what does it say? **“The word is near you, in your mouth and in your heart” (that is, the word of faith which we preach):”**

Romans 10:5-8 NKJV

- (1) *What is the word of faith resulting from a circumcised heart?* “that if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved. For with the heart one believes unto righteousness, and with the mouth confession is made unto salvation.” Romans 10:9-10 NKJV

B. Willing Hearts

- (1) The Willing Heart

- (a) “Take from among you an offering to the LORD. Whoever is of a **willing heart**, let him bring it as an

offering to the LORD: gold, silver, and bronze;" Exodus 35:5 NKJV

(2) The Stirred Heart

- (a) "Then everyone came **whose heart was stirred**, and everyone whose spirit was willing, and they brought the LORD's offering for the work of the tabernacle of meeting, for all its service, and for the holy garments. They came, both men and women, as many as had a **willing heart**, and brought earrings and nose rings, rings and necklaces, all jewelry of gold, that is, every man who made an offering of gold to the LORD. Exodus 35:21-22 NKJV

(3) Freewill Offerings

- (a) The children of Israel brought a freewill offering to the LORD, all the men and women whose **hearts were willing** to bring material for all kinds of work which the LORD, by the hand of Moses, had commanded to be done." Exodus 35:29 NKJV

(4) The Abundant Heart—there is always more than needed!

- (a) "And they received from Moses all the offering which the children of Israel had brought for the work of the service of making the sanctuary. So they continued bringing to him freewill offerings every morning. Then

all the craftsmen who were doing all the work of the sanctuary came, each from the work he was doing, and they spoke to Moses, saying, **“The people bring much more than enough for the service of the work which the LORD commanded us to do.”** So Moses gave a commandment, and they caused it to be proclaimed throughout the camp, saying, “Let neither man nor woman do any more work for the offering of the sanctuary.” **And the people were restrained from bringing, for the material they had was sufficient for all the work to be done—indeed too much.”** Exodus 36:3-7 NKJV

(b) *The same thing happened when the temple was being planned by David:*

(1) *First his own:* “Now for the house of my God I have prepared with all my might: gold for things to be made of gold, silver for things of silver, bronze for things of bronze, iron for things of iron, wood for things of wood, onyx stones, stones to be set, glistening stones of various colors, all kinds of precious stones, and marble slabs in abundance. **Moreover, because I have set my affection on the house of my God, I have given to the house of my**

God, over and above all that I have prepared for the holy house, my own special treasure of gold and silver:" I Chronicles 29:2-3 NKJV

(2) *Then the people:* "Then the leaders of the fathers' houses, leaders of the tribes of Israel, the captains of thousands and of hundreds, with the officers over the king's work, offered willingly. They gave for the work of the house of God five thousand talents and ten thousand darics of gold, ten thousand talents of silver, eighteen thousand talents of bronze, and one hundred thousand talents of iron. And whoever had precious stones gave them to the treasury of the house of the LORD, into the hand of Jehiel the Gershonite. Then the people rejoiced, for they had offered willingly, because with a loyal heart they had offered willingly to the LORD; and King David also rejoiced greatly." I Chronicles 29:6-9 NKJV

(3) *It call came from willing hearts:* "'O LORD our God, all this abundance that we have prepared to build You a house for Your holy name is from Your hand, and is all Your own. I know also, my God, that You test the heart and have pleasure in uprightness. As for me, in the uprightness of my heart I have willingly

offered all these things; and now with joy I have seen Your people, who are present here to offer willingly to You." I Chronicles 29:16-17 NKJV

(4) *Solomon too when he went to build the Temple:*

"And Solomon did not weigh all the articles, because there were so many; the weight of the bronze was not determined." I Kings 7:47 NKJV

(5) Sow Sparingly Reap Sparingly

(a) But this I say: He **who sows sparingly will also reap sparingly**, and he who sows bountifully will also reap bountifully. **So let each one give as he purposes in his heart, not grudgingly or of necessity; for God loves a cheerful giver.** And God is able to make all grace abound toward you, that you, always having all sufficiency in all things, may have an abundance for every good work. As it is written: "He has dispersed abroad, He has given to the poor; His righteousness endures forever." Now may He who supplies seed to the sower, and bread for food, supply and multiply the seed you have sown and increase the fruits of your righteousness, while you are enriched in everything for all liberality, which causes thanksgiving through us to God. **For the administration of this service not only**

supplies the needs of the saints, but also is abounding through many thanksgivings to God, while, through the proof of this ministry, they glorify God for the obedience of your confession to the gospel of Christ, and for your liberal sharing with them and all men, and by their prayer for you, who long for you because of the exceeding grace of God in you. Thanks be to God for His indescribable gift!" II Corinthians 9:6-15 NKJV

- (b) "Now to Him who is able to do **exceedingly abundantly above** all that we ask or think, according to the power that works in us," Ephesians 3:20 NKJV

C. What about today

- (1) Do not harden your hearts like they did! (Faith, Obedience and Sin)

- (a) "Therefore, as the Holy Spirit says: "**Today, if you will hear His voice, Do not harden your hearts as in the rebellion,** In the day of trial in the wilderness, Where your fathers tested Me, tried Me, And saw My works forty years. Therefore I was angry with that generation, And said, '**They always go astray in their heart, And they have not known My ways.'** So I swore in My wrath, 'They shall not enter My rest.' " Beware, brethren, lest there be in any of you an evil heart of unbelief in

departing from the living God; but exhort one another daily, while it is called "Today," lest any of you be hardened through the deceitfulness of sin. For we have become partakers of Christ if we hold the beginning of our confidence steadfast to the end, while it is said: **"Today, if you will hear His voice, Do not harden your hearts as in the rebellion."** For who, having heard, rebelled? Indeed, was it not all who came out of Egypt, led by Moses? Now with whom was He angry forty years? **Was it not with those who sinned, whose corpses fell in the wilderness? And to whom did He swear that they would not enter His rest, but to those who did not obey?** So we see that they could not enter in because of unbelief." Hebrews 3:7-19 NKJV

(2) There remains a Sabbath!

(a) Just like Yahweh rested! **"Therefore, since a promise remains of entering His rest,** let us fear lest any of you seem to have come short of it. For indeed the gospel was preached to us as well as to them; but the word which they heard did not profit them, not being mixed with faith in those who heard it. For we who have believed do enter that rest, as He has said: "So I swore in My wrath, 'They shall not enter My rest,' " although

the works were finished from the foundation of the world. **For He has spoken in a certain place of the seventh day in this way:** “And God rested on the seventh day from all His works”; and again in this place: “They shall not enter My rest.” **Since therefore it remains that some must enter it,** and those to whom it was first preached did not enter because of disobedience, again He designates a certain day, saying in David, “**Today,**” after such a long time, as it has been said: “**Today, if you will hear His voice, Do not harden your hearts.**” For if Joshua had given them rest, then He would not afterward have spoken of another day. **There remains therefore a rest for the people of God. For he who has entered His rest has himself also ceased from his works as God did from His.** Let us therefore be diligent to enter that rest, lest anyone fall according to the same example of **disobedience [lack of faith, sin].** **For the word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart.** And there is no creature hidden from His sight, but all things are naked and open to the eyes of

Him to whom we must give account." Hebrews 4:1-13
NKJV

(1) *The teaching was from David:* "For He is our God,
And we are the people of His pasture, And the sheep
of His hand. **Today, if you will hear His voice: "Do
not harden your hearts, as in the rebellion, As in the
day of trial in the wilderness,** When your fathers
tested Me; They tried Me, though they saw My work.
For forty years I was grieved with that generation,
And said, 'It is a people who go astray in their hearts,
And they do not know My ways.' So I swore in My
wrath, 'They shall not enter My rest.' "" Psalms
95:7-11 NKJV

(3) The Sabbath was made for man!

(a) "Now it happened that He went through the grainfields
on the Sabbath; and as they went His disciples began to
pluck the heads of grain. And the Pharisees said to Him,
"Look, why do they do what is not lawful on the
Sabbath?" But He said to them, "Have you never read
what David did when he was in need and hungry, he
and those with him: how he went into the house of God
in the days of Abiathar the high priest, and ate the
showbread, which is not lawful to eat except for the

priests, and also gave some to those who were with him?" And He said to them, "**The Sabbath was made for man, and not man for the Sabbath. Therefore the Son of Man is also Lord of the Sabbath.**" Mark 2:23-28
NKJV

Questions and Discussion

1. What does it mean to enter His rest?

- D. Is the Sabbath still commanded for Christians?
- E. Is there 'a Sabbath' or 'the Sabbath'?
- F. Discuss the Physical and Spiritual aspects of the Sabbath.
- G. What do these words from Hebrews 4 mean to you? *"For He has spoken in a certain place of the seventh day in this way..."* and *"There remains therefore a rest [Sabbath] for the people of God. For he who has entered His rest has himself also ceased from his works as God did from His."*?

2. What is a circumcised heart?

- A. Relate a circumcised heart to hearing Yahweh voice.
- B. Relate a circumcised heart to obedience.
- C. Relate a circumcised heart to being born-again.

3. What happens when seeds are sown among thorns?

- A. Has or does that happen in your life?

4. Discuss the following ideas:

- A. A willing heart
- B. A stirred heart
- C. An abundant heart
- D. More than enough!

5. Discuss the concept of 'While is is called today':

- A. Why was it called 'today' back when David said it and again when the writer of Hebrews said it?
- B. How can today also be the same "today"?
- C. What does it mean to harden your heart today?