



Portion:

Title:

SCRIPTURES

- Genesis 25:19-28:9
- Luke 6:45

THE TREASURE OF THE HEART

- Thoughts Matter
- Words Matter

Think about how often we make cavalier statements. We sloppily allow words to stumble from our lips. We say things flippantly, without ever considering the power of words and the wrong thinking behind them. How many times have you said things like: “My neck is killing me,” or, “I’m starving to death.”? These are exaggerated statements that declare serious things we don’t really intend. Isn’t the truth more like: “My neck hurts,” and, “I’m hungry.”?

How about the way we diminish what words mean, at times, when we say things like: “I love my new truck; I love my job; I love my football team.” Love is not reserved for things, but for people. God is love and as much as you might enjoy your new “4 X 4”, you can’t love it!

Do you think I am making more of this than I should? Well, I bet Esau wished he could take back his words. He was simply tired

and hungry, but said this instead. “Look, I am about to die; so what is this birthright to me?” He didn’t know it at the time, but his entire future was wrapped up in those thirteen words. Stinking thinking and rash remarks changed the trajectory of his life and the course of history. His entire legacy was at stake and he didn’t even know it.

No one describes it better than the prophet Obadiah many years later. ““And no survivor shall remain of the house of Esau,” for the Lord has spoken.” Esau had surrendered his birthright and spoken death over his own life. The true proverb says it like this; “Death and life are in the power of the tongue, and those who love it will eat its fruit.” “I am about to die...” Yep, Esau spoke death over his own life and that is the fruit he ate.

THEME: MAIN SCRIPTURE(S) THAT HAS INSPIRED MESSAGE

“But Jacob said, **“Sell me your birthright as of this day.”** And Esau said, **“Look, I am about to die; so what is this birthright to me?”**” Genesis 25:31-32 NKJV

OUTCOME: MAIN TAKEAWAY(S) I AM HOPING FOR PEOPLE

“A good man **out of the good treasure of his heart brings forth good**; and an evil man **out of the evil treasure of his heart brings forth evil**. For **out of the abundance of the heart his mouth speaks.**” Luke 6:45 NKJV

Let's Set the Scene: Portion in a blurb

1. This portion begins with, *"This is the genealogy of Isaac, Abraham's son. Abraham begot Isaac."* (Genesis 25:19) It tells the story of the birth of Jacob and Esau and their struggle for the birthright and blessing of their father, Isaac. We also learn about Isaac's trials and difficulties in the land of Canaan. After Esau treats his birthright with disdain, matters get worse for him as Jacob seals the deal by deceiving Isaac to place the ultimate family blessing on him, and not Esau. Looking at these events with spiritual eyes, it seems the loss of his father's blessing is the fruit of Esau's cavalier treatment of his birthright.

Genesis 25

2. **The Genealogy of Issac:** Isaac was forty years old when he married Rebekah and she was barren until Isaac pleaded with Yahweh until she conceived.
3. Rebekah was disturbed within herself during the pregnancy, as she felt the children in her whom were wrestling, so she sought the Lord, *"If all is well, why am I like this?"* Genesis 25:22 NKJV
4. Yahweh's answer sets the stage for one of the greatest object lessons about His sovereignty that you will find anywhere in the scriptures. It is so perfect that it is precisely the subject matter Paul used to make his theological argument.

- a) *“And the LORD said to her: “Two nations are in your womb, Two peoples shall be separated from your body; One people shall be stronger than the other, And **the older shall serve the younger.**””* Genesis 25:23 NKJV
- b) *“And not only this, but when Rebecca also had conceived by one man, even by our father Isaac (for the children not yet being born, nor having done any good or evil, **that the purpose of God according to election might stand, not of works but of Him who calls**), it was said to her, “**The older shall serve the younger.** [from Genesis 25:23]”* As it is written, *“Jacob I have loved, but Esau I have hated. [From Malachi 1:2-3]”* Romans 9:10-13 NKJV

5. **The Births of Esau and Jacob:** When Isaac was sixty years old Rebekah gave birth to Jacob and Esau. Esau came first and he was very hairy, and then Jacob came out smooth holding onto Esau’s heel.
6. As they grew alongside one another, Esau became a skillful hunter and Jacob was mild, dwelling in tents. Isaac favored Esau and Rebekah favored Jacob.
7. **Esau sells his birthright for a pot of stew:** In a dramatic turn of events and seemingly a fulfillment of the prophetic word to Rebekah in Genesis 25:23, *“The older shall serve the younger.”*, Esau comes in from the field exhausted and famished and sees

that Jacob had prepared a hearty stew. Jacob offers to feed him only if Esau is willing to swap birthrights; Jacob wants Esau's firstborn position.

8. Esau simply has no sense of the magnitude of what is about to happen and, in the moment, he impetuously promises something foolish; *"I am about to die; so what is this birthright to me?"* (Genesis 25:32 NKJV) **There is likely no better display of impetuous behavior, in all of scripture, to demonstrate the danger of making hasty decisions in stressful circumstances.** Think about how often we make similar cavalier statements, "I am about to die..." We say things so flippantly without even considering the power of thoughts and words. How many times have you said things like: "My neck is killing me." Or, "I'm starving to death."? Bold exaggerated statements that have death in them instead of reality: "My neck hurts." And, "I'm hungry."
9. *"Then Jacob said, "Swear to me as of this day." So he swore to him, and sold his birthright to Jacob."* (Genesis 25:33 NKJV) and it's clear that Esau will regret this hasty exchange forever! *"Thus Esau despised his birthright."* Genesis 25:34 NKJV

Genesis 26

10. There is famine in the land and Yahweh tells Isaac to leave, but not to go to Egypt. Isaac instead approaches Abimelech (king of the Philistines), just as his father Abraham did in the past

(Genesis 20). God promises Isaac that He will provide according to the promises He made to his father Abraham, as long as he is steadfast in obedience.

11. The men of region approach Isaac, inquiring about the beautiful Rebekah and he responds from fear exactly as his father did, by telling them she was his sister. (Only in this case it is not true in any way, as Sarah was indeed Abraham's half sister. Rebekah is not Isaac's sister, but rather his second cousin, the granddaughter of Abraham's brother Nahor.)
12. After quite some time, Abimelech notices Isaac's affection for Rebekah and he realizes that she is not his sister, but his wife. This is not his first rodeo, as he's seen this happen before with Abraham! In repeat fashion, Abimelech rebukes Isaac for putting him at risk and then warns his people about touching Rebekah.
13. Isaac settles in the land and Yahweh prospers him even to the point of invoking envy in the Philistines. Their jealousy makes them fill all of Isaac's wells with dirt, creating a "well controversy," much like there was with Abraham in Genesis 21:25. They do this in an attempt to force him out of the land. Abimelech tells him to move on as Isaac's strength has surpassed his own.
14. Isaac does move on and reopens the wells that Abraham had dug, plus they dig another well in valley and that creates further

controversy with the herdsmen of city. He digs a second well, and that too creates controversy. A third well finally causes no conflict.

15. And in the exact pattern of his father, Issac moves on to Beersheba, where God reminds him of the great blessings that are coming for his father's sake.
16. Eventually Issac signs a treaty with the Philistines, as Abimelech acknowledges Isaac's strength and that the Lord is with him and prospering him no matter where he goes. He wants there to never be conflict between them. Issac agrees. On the day of the treaty, Isaac's people strike water again!
17. Esau takes Canaanite wives who make things difficult for Isaac and Rebekah. This sets the stage for the Rebekah's scheme for Jacob to acquire the firstborn blessing instead of Esau. (I guess you should not mess with your mother-in-law!)

Genesis 27

18. Isaac Blesses Jacob—Let's set the scene:

- a) Isaac is old and ready to die and his eyes are faded. He wants to place the blessing over his firstborn son Esau.
- b) He summons Esau, tells him to go hunt and to prepare a savory meal for his father, at which time he will bless him with the firstborn blessing of a father.

- c) Rebekah overhears Isaac's instructions to Esau and she quickly calls Jacob into action. "Take two choice baby goats and bring them to me so I can prepare the savory meal for Isaac, and YOU be the one to take it into him for the blessing." Remember what God had spoken to Rebekah; *"The older shall serve the younger."* Genesis 25:23
- d) Jacob knows his dad has lost most of his eyesight, however he is rather concerned that when his father touches him he will KNOW that he is not Esau, as Esau is very hairy and Jacob has smooth skin. Jacob is worried that upon discovery, instead of a blessing, Isaac would curse him.
- e) Rebekah assures Jacob that she will bear the curse if need be; and she maneuvers a way around the dilemma. She dresses Jacob in some of Esau's clothes, so Jacob will smell like the field, and ***she takes skin from the goats** she just slaughtered and puts them on Jacob's hands and neck, so he will feel hairy like Esau, if he is touched.
- (1) **This scheme reminds me about how man was first clothed by God in animal skins, as a result of his sin in the Garden; "Also for Adam and his wife the LORD God made tunics of skin, and clothed them."* Genesis 3:21 NKJV
- f) Jacob goes in to Isaac with the food, declares that he is Esau, the firstborn, and dismisses his father's surprise over how

quickly he was able to hunt and prepare the meal by saying he was “Blessed by God” on his hunt.

- g) Isaac hears the voice of Jacob, but when he touches him he feels hairy Esau; and he clarifies with Jacob one final time, “Are you really Esau?” “Yes, I am.” says Jacob.
 - h) Isaac eats the meal and drinks some wine, and towards the end kisses Jacob, and of course “smells” Esau’s clothes, which smell of the field.
 - i) Then he places a permanent blessing on Jacob: *“Therefore may God give you of the dew of heaven, of the fatness of the earth, and plenty of grain and wine. Let peoples serve you, and nations bow down to you. ***Be master over your brethren, and let your mother’s sons bow down to you.** ****Cursed be everyone who curses you, And blessed be those who bless you!”*** (Genesis 27:28-29 NKJV)
- (1) Notice the prophetic blessing here; **“The older shall serve the younger.”* (Genesis 25:23) And notice the prophetic extension of Yahweh’s original promise to Abraham when he is called to leave his country; ***“I will bless those who bless you, And I will curse him who curses you; And in you all the families of the earth shall be blessed.”* Genesis 12:3 NKJV

- j) Shortly after, Esau comes in with his meal and Isaac realizes what has happened, and tells Esau: *“Your brother came with deceit and has taken away your blessing.”* Genesis 27:35 NKJV
- k) Esau is distraught, realizing now that Jacob has taken what is his TWO TIMES, first his birthright for a pot of stew and now his blessing. Surely he is named “Jacob” (supplanter) for a reason. *“And Esau said, “Is he not rightly named Jacob? For he has supplanted me these two times. He took away my birthright, and now look, he has taken away my blessing!”* Genesis 27:36 NKJV
- l) Remember also, Jacob came out holding his brother’s heel as if he was trying to pull him back in, so he could come out first! *“Afterward his brother came out, and his hand took hold of Esau’s heel; so his name was called Jacob.”* Genesis 25:26 NKJV
- m) Esau asks if there is any blessing reserved for him only to be disappointed with what he receives: *“Then Isaac his father answered and said to him: “Behold, your dwelling shall be of the fatness of the earth, And of the dew of heaven from above. By your sword you shall live, **And you shall serve your brother;** And it shall come to pass, when you become*

restless, That you shall break his yoke from your neck.””

Genesis 27:39-40 NKJV

n) Esau is designated second place and is told he will always be less than his brother. He has lost a second time! First his birthright now his blessing. *“The older shall serve the younger.”* Genesis 25:23

19. Esau is angered enough to to kill his brother, but withholds any retribution in respect for his dying father. He intends to take violent action once they pass the days of mourning.

20. Rebekah quickly sends Jacob away for his safety, as she hears that Esau wants to kill him once Isaac is dead. *“Flee at once to my brother Laban,”* and stay until Esau’s anger subsides.

21. Plus, she cannot tolerate the idea of Jacob marrying a Canaanite woman like Esau did (No more pagan daughter-in-laws please!). *“And Rebekah said to Isaac, “I am weary of my life because of the daughters of Heth; if Jacob takes a wife of the daughters of Heth, like these who are the daughters of the land, what good will my life be to me?””* Genesis 27:46 NKJV

Genesis 28

22. Jacob is sent off by Isaac with a blessing and also tells him not to marry a Canaanite woman, just like his father Abraham did not want him to marry a Canaanite woman. *“Go to the house of Bethuel, your mother’s father, and take a wife from there from*

among the daughters of Laban, your mother's brother—be fruitful and take possession of the land promised to Abraham.” What is coming? Jacob will keep it in the family as he goes after his uncle Laban's daughter—his first cousin Rachel.

23. Esau also realizes that his father Isaac considers Canaanite women unacceptable. So, he takes two more wives, this time he marries the daughter of Abraham's oldest son Ishmael, the one “supplanted” by Isaac! Remember, Ishmael is Isaac's half brother, therefore Esau's uncle. Both Jacob and Esau marry their first cousins. Jacob ultimately marries his Mother's brother's (Laban's) daughters (Leah and Rachel) and Esau marries his father's brother's (Ishmael's) daughter (Mahalath—also named Basemath in Genesis 36:3).

24. Think about it—Esau's uncle now becomes his Father-in-law. This union of Ishmael and Esau will produce the seeds of TWO firstborns who LOST their birthrights! STAY TUNED—THIS WILL NOT BE GOOD!

25. Two years ago at this time, the focus of our teaching from this portion was on this controversy over birthrights in a sermon called: [Birthrights for Sale](#). One must wonder if we too treat our “firstborn” birthright in the Lord with such indifference. Last year, it was the way Esau made his bad decision that was our focus. The emphasis was on the dire consequences of

impetuous behavior in: [The Impetuous Seed](#). This year, in “The Treasure of the Heart,” we will focus on the stinking thinking and careless words that energized this life-altering bad decision in the first place. And how a renewed mind would have generated words of life instead.

THOUGHTS MATTER

1. Stinking Thinking vs. a Renewed Mind

A. Where do words come from?

(1) Out of the abundance of heart...

(a) “A good man out **of the good treasure of his heart brings forth good**; and an evil man **out of the evil treasure of his heart brings forth evil**. For **out of the abundance of the heart his mouth speaks.**” Luke 6:45
NKJV

(2) As a man thinks in his heart...the heart is your mind!

(a) “**For as he thinks in his heart, so is he**. “Eat and drink!” he says to you, But his heart is not with you.” Proverbs 23:7 NKJV

(3) Everything starts in the mind!

(a) “**Keep your heart with all diligence**, For out of it spring **the issues of life.**” Proverbs 4:23 NKJV

B. Thought Diagnosis—knowing your thoughts...

- (1) Y'shua knows what you think. Why do you think evil in your heart?
 - (a) "So He got into a boat, crossed over, and came to His own city. Then behold, they brought to Him a paralytic lying on a bed. When Jesus saw their faith, He said to the paralytic, "Son, be of good cheer; your sins are forgiven you." And at once some of the scribes said within themselves, "This Man blasphemes!" **But Jesus, knowing their thoughts, said, "Why do you think evil in your hearts?** For which is easier, to say, 'Your sins are forgiven you,' or to say, 'Arise and walk'?" Matthew 9:1-5 NKJV
- (2) Y'shua perceives the thoughts of your heart...
 - (a) **"Then a dispute arose among them as to which of them would be greatest. And Jesus, perceiving the thought of their heart,** took a little child and set him by Him, and said to them, "Whoever receives this little child in My name receives Me; and whoever receives Me receives Him who sent Me. For he who is least among you all will be great."" Luke 9:46-48 NKJV
- (3) Diagnostic Testing—God searches your heart, knows your ways, and is acquainted with every word from your mouth!

- (a) “O Lord, **You have searched me and known me.** You know my sitting down and my rising up; **You understand my thought afar off.** You comprehend my path and my lying down, **And are acquainted with all my ways. For there is not a word on my tongue, But behold, O Lord, You know it altogether.**” Psalms 139:1-4 NKJV
- (b) “**Search me, O God, and know my heart;** Try me, and know my anxieties; And **see if there is any wicked way in me,** And lead me in the way everlasting.” Psalms 139:23-24 NKJV
- (c) “**For the word of God** is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, **and is a discerner of the thoughts and intents of the heart. And there is no creature hidden from His sight,** but all things are naked and open to the eyes of Him to whom we must give account.” Hebrews 4:12-13 NKJV
- (4) Progression of the disease—Stinking Thinking
- (a) “Professing to be wise, they became fools, **Therefore God also gave them up to uncleanness, in the lusts of their hearts,** to dishonor their bodies among themselves, For this reason God gave them up to **vile**

passions. For even their women exchanged the natural use for what is against nature. And even as they did not like to retain God in their knowledge, **God gave them over to a debased mind**, to do those things which are not fitting;" Romans 1:22, 24, 26, 28 NKJV

C. Treatment for Stinking Thinking

(1) Renew your mind...

(a) "And do not be conformed to this world, but be transformed by the **renewing of your mind**, that you may prove what is that good and acceptable and perfect will of God." Romans 12:2 NKJV

(2) Take every thought captive...

(a) "For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, casting down arguments and every high thing that exalts itself against the knowledge of God, **bringing every thought into captivity** to the obedience of Christ," II Corinthians 10:4-5 NKJV

(3) Focus on heavenly things...

(a) "If then you were raised with Christ, seek those things which are above, where Christ is, sitting at the right hand of God. **Set your mind on things above**, not on things on the earth." Colossians 3:1-2 NKJV

- (4) Contemplate Godly and righteous things...
- (a) “Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—**meditate on these things.**” Philippians 4:8 NKJV
- (5) Choose life over death...
- (a) “I call heaven and earth as witnesses today against you, that I have set before you life and death, blessing and cursing; **therefore choose life**, that both you and your descendants may live;” Deuteronomy 30:19 NKJV
- (6) Pray that your heart and mind are pure...
- (a) **First things first...Confess and believe**— “But what does it say? “The word is near you, in your mouth and in your heart” (that is, the word of faith which we preach): **that if you confess with your mouth the Lord Jesus and believe in your heart** that God has raised Him from the dead, you will be saved.” Romans 10:8-9 NKJV
- (b) “Let **the words of my mouth and the meditation of my heart** Be acceptable in Your sight, O Lord, my strength and my Redeemer.” Psalms 19:14 NKJV

- (c) **“Create in me a clean heart, O God, And renew a steadfast spirit within me.”** Psalms 51:10 NKJV

D. A pure heart and sound mind

(1) Know in the Lord that you have a pure heart...

- (a) **“Since you have purified your souls** in obeying the truth through the Spirit in sincere love of the brethren, **love one another fervently with a pure heart, having been born again,** not of corruptible seed but incorruptible, through the word of God which lives and abides forever,” I Peter 1:22-23 NKJV

(2) Know in the Lord that you have a sound mind...

- (a) “For God has not given us a spirit of fear, but of power and of love and of a **sound mind.**” II Timothy 1:7 NKJV

E. Object Lesson—Stinking thinking leads to Rash Remarks

(1) What comes out of the mouth defiles a man!

- (a) “Not what goes into the mouth defiles a man; **but what comes out of the mouth, this defiles a man.**” Matthew 15:11 NKJV

(2) Careless Words

- (a) “And Esau said, **“Look, I am about to die; so what is this birthright to me?”**” Genesis 25:32 NKJV

1. Esau simply has no sense of the magnitude of what is about to happen and, in the moment, he impetuously

promises something foolish; *“I am about to die; so what is this birthright to me?”* (Genesis 25:32 NKJV)

There is likely no better display of impetuous behavior, in all of scripture, to demonstrate the danger of making hasty decisions in stressful circumstances. What energized this life-altering bad decision in the first place? Stinking thinking and rash remarks changed the trajectory of his life and the course of history.

Summary: THOUGHTS MATTER

1. Stinking Thinking vs. a Renewed Mind

A. Where do words come from?

- (1) Out of the abundance of heart...
 - (a) good man—good treasure—evil man-evil treasure—out of the abundance of the heart his mouth speaks.
- (2) As a man thinks in his heart, that is what he is...the heart is your mind!
- (3) Everything starts in the mind!

B. Thought Diagnosis—knowing your thoughts...

- (1) Y’shua knows what you think. Why do you think evil in your heart?
- (2) Y’shua perceives the thoughts of your heart...

- (3) Diagnostic Testing—God searches your heart, knows your ways, and is acquainted with every word from your mouth! Everyone must give account.
- (4) Progression of the disease—Stinking Thinking
 - (a) The lusts of their hearts—to vile passions—to a debased mind

C. Treatment for Stinking Thinking

- (1) Renew your mind...
- (2) Take every thought captive...
- (3) Focus on heavenly things...
- (4) Contemplate Godly and righteous things...
- (5) Choose life over death...
- (6) Pray that your heart and mind are pure...

D. A pure heart and sound mind

- (1) Know in the Lord that you have a pure heart...
- (2) Know in the Lord that you have a sound mind...

E. Object Lesson—Stinking thinking leads to Rash Remarks

- (1) What comes out of the mouth defiles a man!
- (2) Esau's Careless Words: "Look, I am about to die; so what is this birthright to me?"
 1. Esau simply has no sense of the magnitude of what is about to happen and, in the moment, he impetuously promises something foolish; *"I am about to die; so*

what is this birthright to me?" (Genesis 25:32 NKJV)

There is likely no better display of impetuous behavior, in all of scripture, to demonstrate the danger of making hasty decisions in stressful circumstances. What energized this life-altering bad decision in the first place? Stinking thinking and rash remarks changed the trajectory of his life and the course of history.

WORDS MATTER

2. **Rash Remarks vs. Words of Life**

A. **The Creative Power of Words**

- (1) What comes out of your mouth promotes either Death or Life...
 - (a) **"Death and life are in the power of the tongue, And those who love it will eat its fruit."** Proverbs 18:21 NKJV
- (2) What is truly in a man's heart that then comes out of a his mouth is what really matters!
 - (a) **"These people draw near to Me with their mouth, And honor Me with their lips, But their heart is far from Me. And in vain they worship Me, Teaching as doctrines the commandments of men."** When He had called the multitude to Himself, He said to them,

“Hear and understand: **Not what goes into the mouth defiles a man; but what comes out of the mouth, this defiles a man.**” Matthew 15:8-11 NKJV

(b) See Dr. Andrea Hazim’s teaching—[Words Matter](#)

(3) All things were made with words

(a) “Then **God said, “Let there be light”**; and there was light.” Genesis 1:3 NKJV

(b) “**In the beginning was the Word, and the Word was with God, and the Word was God.** He was in the beginning with God. **All things were made through Him,** and without Him nothing was made that was made. **In Him was life, and the life was the light of men.** And the light shines in the darkness, and the darkness did not comprehend it.” John 1:1-5 NKJV

(c) “**And the Word became flesh and dwelt among us,** and we beheld His glory, the glory as of the only begotten of the Father, full of grace and truth.” John 1:14 NKJV

B. Esau’s Rash Remarks

(1) The evidence of a debased mind!

(a) **I’m tired...** “Now Jacob cooked a stew; and Esau came in from the field, and **he was weary.**” Genesis 25:29 NKJV

(b) **I'm hungry...** "And Esau said to Jacob, "Please feed me with that same **red** [edom] stew, for I am weary."

Therefore his name was called Edom." Genesis 25:30

NKJV

1. "Now this is the genealogy of Esau, who is Edom."

Genesis 36:1 NKJV

2. "So Esau dwelt in Mount Seir. Esau is Edom." Genesis

36:8 NKJV

(c) **How tired and hungry are you?** "But Jacob said, "Sell me your birthright as of this day."" Genesis 25:31 NKJV

(d) **Careless words: I'll die if I don't eat; nothing else matters at the moment!** "And Esau said, "**Look, I am about to die; so what is this birthright to me?**"" Genesis 25:32 NKJV

(e) **The worst deal in history!** "Then Jacob said, "Swear to me as of this day." **So he swore to him, and sold his birthright to Jacob."** Genesis 25:33 NKJV

(f) **A debased mind...** "And Jacob gave Esau bread and stew of lentils; then he ate and drank, arose, and went his way. **Thus Esau despised his birthright."** Genesis 25:34 NKJV

- (2) Reminders...As a man thinks in his heart (mind), that is what he actually is (becomes). Why? Because everything starts in the mind!
- (a) “[It’s] not what goes into the mouth defiles a man; **but what comes out of the mouth, this defiles a man.**”
Matthew 15:11 NKJV
- (b) “A good man out **of the good treasure of his heart brings forth good**; and an evil man **out of the evil treasure of his heart brings forth evil**. For **out of the abundance of the heart his mouth speaks.**” Luke 6:45
NKJV
- (c) “**For as he thinks in his heart, so is he.** “Eat and drink!” he says to you, But his heart is not with you.” Proverbs 23:7 NKJV
- (d) “**Keep your heart with all diligence**, For out of it spring **the issues of life.**” Proverbs 4:23 NKJV
- (e) **Stinking Thinking—a new Identity:** In his weakened, weary, famished moment, Esau identifies with his need for food more than who he really is (the firstborn)—this “red” [stew] (the need to satisfy the flesh) outweighed everything else in the moment—so much so that “red or edom” becomes his alter-ego (2nd name). Also important to note is that these words all share the same

root (red, Edom and Adam)—the emphasis is on the man.

- (3) The bitter roots of a debased mind and bitter fruits of debased words!
- (a) “Pursue peace with all people, and holiness, without which no one will see the Lord: looking carefully lest anyone fall short of the grace of God; **lest any root of bitterness springing up cause trouble, and by this many become defiled**; lest there be any fornicator or profane person like **Esau, who for one morsel of food sold his birthright**. For you know that **afterward, when he wanted to inherit the blessing, he was rejected**, for he found no place for repentance, though he sought it diligently with tears.” Hebrews 12:14-17 NKJV
- (b) **The Bitter Root**— “And Esau said, “Is he not rightly named Jacob? For he has supplanted me these two times. **He took away my birthright, and now look, he has taken away my blessing!**” And he said, “**Have you not reserved a blessing for me?**”” Genesis 27:36 NKJV
1. Correction—you gave away your birthright and he took away your blessing
- (c) **The Bitter Fruit**— “Then Isaac answered and said to Esau, “Indeed I have made him your master, and all his

brethren I have given to him as servants; with grain and wine I have sustained him. What shall I do now for you, my son?" And Esau said to his father, "**Have you only one blessing, my father?** Bless me—me also, O my father!" And Esau lifted up his voice and wept. Then Isaac his father answered and said to him: "Behold, your dwelling shall be of the fatness of the earth, And of the dew of heaven from above. **By your sword you shall live, And you shall serve your brother; And it shall come to pass, when you become restless, That you shall break his yoke from your neck.**"” Genesis 27:37-40 NKJV

- (d) **Bitter words that come back to bite—** “**So Esau hated Jacob** because of the blessing with which his father blessed him, and Esau said in his heart, “The days of mourning for my father are at hand; **then I will kill my brother Jacob.**”” Genesis 27:41 NKJV

(4) Esau and Ishmael—An unholy union...Bitter roots to fruits to actions...

- (a) **Esau and Ismael—** “Also Esau saw that the daughters of Canaan did not please his father Isaac. **So Esau went to Ishmael** and took Mahalath the **daughter of Ishmael,**

Abraham's son, the sister of Nebajoth, to be his wife in addition to the wives he had." Genesis 28:8-9 NKJV

1. Esau also realized that his father Isaac considers Canaanite women unacceptable. So, he takes two more wives. This time he marries the daughter of Abraham's oldest son Ishmael, the one "supplanted" by Isaac! Remember, Ishmael is Isaac's half brother, therefore Esau's uncle. Both Jacob and Esau marry their first cousins. Jacob ultimately marries his Mother's brother's (Laban's) daughters (Leah and Rachel) and Esau marries his father's brother's (Ishmael's) daughter (Mahalath—also named Basemath in Genesis 36:3).
 2. Think about it—Esau's uncle now becomes his Father-in-law. This union of Ishmael and Esau will produce the seeds of TWO firstborns who LOST their birthrights! THIS WILL NOT BE GOOD!
- (5) The bitter outcome of Esau's Stinking Thinking and Rash Remarks!
- (a) **No survivor shall remain of the house of Esau—** ““Will I not in that day,” says the Lord, **“Even destroy the wise men from Edom, And understanding from the mountains of Esau?** Then your mighty men, O Teman,

shall be dismayed, To the end that **everyone from the mountains of Esau May be cut off by slaughter.** “For violence against your brother Jacob, Shame shall cover you, **And you shall be cut off forever.** The house of Jacob shall be a fire, And the house of Joseph a flame; But **the house of Esau shall be stubble;** They shall kindle them and devour them, **And no survivor shall remain of the house of Esau,” For the Lord has spoken.”** Obadiah 1:8-10, 18 NKJV

1. See [The Obadiah Allegory](#)
2. This is about Esau (Edom) and His revenge, and his ultimate destruction because of his vitriol and hatred for his brother Jacob.

C. The Power of the Tongue

- (1) It takes maturity to control your tongue...
 - (a) “My brethren, let not many of you become teachers, knowing that we shall receive a stricter judgment. For we all stumble in many things. **If anyone does not stumble in word, he is a perfect man,** able also to bridle the whole body. Indeed, we put bits in horses’ mouths that they may obey us, and we turn their whole body. Look also at ships: although they are so large and are driven by fierce winds, they are turned by a very

small rudder wherever the pilot desires.” James 3:1-4
NKJV

(2) The tongue is a muscle as strong as fire...

(a) **“Even so the tongue is a little member and boasts great things.** See how great a forest a little fire kindles! And **the tongue is a fire,** a world of iniquity. The tongue is so set among our members that it defiles the whole body, and sets on fire the course of nature; and it is set on fire by hell.” James 3:5-6 NKJV

(3) You cannot control your tongue on your own...

(a) “For every kind of beast and bird, of reptile and creature of the sea, is tamed and has been tamed by mankind. **But no man can tame the tongue.** It is an unruly evil, full of deadly poison.” James 3:7-8 NKJV

(4) You can use your tongue for blessings or curses...

(a) **“With it we bless our God and Father, and with it we curse men,** who have been made in the similitude of God. **Out of the same mouth proceed blessing and cursing. My brethren, these things ought not to be so.** Does a spring send forth fresh water and bitter from the same opening? Can a fig tree, my brethren, bear olives, or a grapevine bear figs? Thus no spring yields both salt water and fresh.” James 3:9-12 NKJV

D. Imparting Life instead of death

(1) First comes the thoughts...

(a) “But you have not so learned Christ, if indeed you have heard Him and have been taught by Him, as the truth is in Jesus: that you **put off**, concerning your former conduct, **the old man** which grows corrupt according to the deceitful lusts, **and be renewed in the spirit of your mind**, and that you **put on the new man** which was created according to God, in true righteousness and holiness.” Ephesians 4:20-24 NKJV

(2) Next comes the words and actions...

(a) “Therefore, putting away lying, **“Let each one of you speak truth with his neighbor,”** for we are members of one another. “Be angry, and **do not sin**”: do not let the sun go down on your wrath, nor give place to the devil. Let him who stole steal no longer, but rather let him labor, working with his hands what is good, that he may have something to give him who has need.” Ephesians 4:25-28 NKJV

(3) Then comes the power! You have the ability to impart God’s supernatural power (grace) to others!

(a) **“Let no corrupt word proceed out of your mouth**, but what is good for necessary edification, **that it may**

impart grace to the hearers. And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption. **Let all bitterness, wrath, anger [evil thoughts], clamor, and evil speaking [evil words]** be put away from you, with all malice.” Ephesians 4:29-31
NKJV

Summary: WORDS MATTER

2. Rash Remarks vs. Words of Life

A. The Creative Power of Words

- (1) What comes out of your mouth promotes either Death or Life...
- (2) What is truly in a man’s heart that then comes out of a his mouth is what really matters!
 - (a) See Dr. Andrea Hazim’s teaching—[Words Matter](#)
- (3) All things were made with words
 - (a) God said, “Let there be light”
 - (b) “In the beginning was the Word, and the Word was with God, and the Word was God...All things were made through Him...”
 - (c) “And the Word became flesh and dwelt among us...” Jo

B. Esau’s Rash Remarks (Esau is Edom)

- (1) The evidence of a debased mind!

- (a) I'm tired...
 - (b) I'm hungry...
 - (c) How tired and hungry are you?
 - (d) Careless words: I'll die if I don't eat; nothing else matters at the moment! "...what is this birthright to me?"
 - (e) The worst deal in history! "...So he swore to him, and sold his birthright to Jacob."
 - (f) A debased mind... "...Thus Esau despised his birthright."
- (2) Reminders...As a man thinks in his heart (mind), that is what he actually is (becomes). Why? Because everything starts in the mind!
- (a) Stinking Thinking—a new Identity: In his weakened, weary, famished moment, Esau identifies with his need for food more than who he really is (the firstborn)—this "red" [stew] (the need to satisfy the flesh) outweighed everything else in the moment—so much so that "red or edom" becomes his alter-ego (2nd name). Also important to note is that these words all share the same root (red, Edom and Adam)—the emphasis is on the man.

- (3) The bitter roots of a debased mind and bitter fruits of debased words!
- (a) Esau, who for one morsel of food sold his birthright.
 - (b) The Bitter Root— “...He took away my birthright, and now look, he has taken away my blessing!”
 - 1. Correction—you gave away your birthright and he took away your blessing
 - (c) The Bitter Fruit— “...By your sword you shall live, And you shall serve your brother; ...”
 - (d) Bitter words that come back to bite— “So Esau hated Jacob ...then I will kill my brother Jacob.”
- (4) Esau and Ishmael—An unholy union...Bitter roots to fruits to actions...
- (a) **Esau and Ismael**— “...**So Esau went to Ishmael** and took Mahalath the **daughter of Ishmael...**”
 - 1. Esau also realized that his father Isaac considers Canaanite women unacceptable. So, he takes two more wives. This time he marries the daughter of Abraham’s oldest son Ishmael, the one “supplanted” by Isaac! Remember, Ishmael is Isaac’s half brother, therefore Esau’s uncle. Both Jacob and Esau marry their first cousins. Jacob ultimately marries his Mother’s brother’s (Laban’s) daughters (Leah and

Rachel) and Esau marries his father's brother's (Ishmael's) daughter (Mahalath—also named Basemath in Genesis 36:3).

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D. Imparting Life instead of death

- (1) First comes the thoughts...

- (a) put off the old man—be renewed in the spirit of your mind—put on the new man
- (2) Next comes the words and actions...
 - (a) Let each one of you speak truth with his neighbor—do not sin
- (3) Then comes the power! You have the ability to impart God’s supernatural power (grace) to others!
 - (a) Let no corrupt word proceed out of your mouth—impart grace to the hearers
 - (b) Let all bitterness, wrath, anger [evil thoughts], clamor, and evil speaking [evil words] be put away from you

QUESTIONS & DISCUSSION

1. The heart, mind and mouth:

- A. Why can we say that a man speaks from his heart?
- B. Why can we say that a man thinks in his heart?
- C. Why do all issues of life flow from the heart?

2. Why is it so dangerous to “think evil”?

- A. What can you do to prevent evil thinking?
- B. What is the connection between lusts of the heart, vile passions and a debased mind?

3. Describe the biblical cure for “Stinking Thinking.”

- A. Use Romans 12:2, II Corinthians 10:4-5, Colossians 3:1-2 and Philippians 4:8 to formulate your answer.
- B. How does prayer play a role?

4. Why do words have creative power?

- A. Why can words cause both life and death?
- B. Why is it that words can defile a man?
- C. How did Esau’s words in Genesis 25:32 defile him?

5. How did Esau both exaggerate his feelings with words, while simultaneously minimizing their gravity?

- A. Why might we say that Esau made the worse deal in history?
- B. How did Esau demonstrate a debased mind?

6. What was the fruit of Esau’s Stinking Thinking and Rash Remarks?

- A. How is Proverb 18:21, “Death and life are in the power of the tongue, and those who love it will eat its fruit,” demonstrated in Esau’s life?

7. The Power of the Tongue:

- A. Describe what James teaches us about the tongue in James 3:1-12.
- B. How can we use our words to impart God’s grace?