



Power, Love & a Sound Mind (II Timothy

1:1-18)

Stir Up the Gift

“Paul, **an apostle** of Jesus Christ **by the will of God**, according to **the promise of life** which is in Christ Jesus, To Timothy, a beloved son: **Grace, mercy, and peace** from God the Father and Christ Jesus our Lord. I thank God, **whom I serve with a pure conscience**, as my forefathers did, as without ceasing I remember you in my prayers night and day, greatly desiring to see you, **being mindful of your tears**, that I may be filled with joy, when I call to remembrance **the genuine faith that is in you**, which dwelt first in your grandmother Lois and your mother Eunice, and I am persuaded is in you also. Therefore I remind you to **stir up the gift** of God which is in you through **the laying on of my hands**. For **God has not given us a spirit of fear, but of power and of love and of a sound mind.**” II

Timothy 1:1-7 NKJV

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☑ *“Paul, **an apostle** of Jesus Christ **by the will of God**, according to **the promise of life** which is in Christ Jesus, To Timothy, a beloved son: **Grace, mercy, and peace** from God the Father and Christ Jesus our Lord.” II Timothy 1:1-2 NKJV*

☑ By His will...

☑ We know Paul had no interest in believing Y’shua was the promised “Jewish Messiah.” Quite the contrary, he was on a mission to destroy anyone who believed, until he was radically encountered on the Road to Damascus, knocked off his horse and into another universe (see Acts 9). It was by God’s will ALONE that Paul was chosen, and he knows it!

☑ The Promise of Life

☑ True life begins with a death. That is why we are born again. Your old man has died and your new man is born with the promise of Eternal life.

☑ *“For if we have been united together in the likeness of His death, certainly **we also shall be in the likeness of His resurrection, knowing this, that our old man was crucified with Him**, that the body of sin might be done away with, that we should no longer be slaves of sin. For he who has died has been freed from sin. **Now if***

we died with Christ, we believe that we shall also live with Him, knowing that Christ, having been raised from the dead, dies no more. Death no longer has dominion over Him. For the death that He died, He died to sin once for all; but the life that He lives, He lives to God. Likewise you also, reckon yourselves to be dead indeed to sin, but alive to God in Christ Jesus our Lord.” Romans 6:5-11 NKJV

☑ What comes from Father and Son

☑ **Grace:** God’s supernatural empowerment

☑ **Mercy:** Compassion, forgiveness and release in the place of punishment, via the one who holds the power to punish.

☑ **Peace:** Supernatural internal joy and contentment detached and often despite any external conditions that would indicate otherwise.

☑ *“I thank God, whom I serve with a **pure conscience**, as my forefathers did, as without ceasing I remember you in my prayers night and day, greatly desiring to see you, being **mindful of your tears**, that I may be filled with joy, when I call to remembrance **the genuine faith that is in you**, which dwelt*

first in your grandmother Lois and your mother Eunice, and I am persuaded is in you also.” II Timothy 1:3-5 NKJV

☑ **A Pure Conscience**

- ☑ Free from any internal hinderances that would convict you about being inauthentic. When what shows on the outside is a true representation of what is really happening on the inside—a life without pretense.

☑ **Mindful of Your Tears**

- ☑ **Empathy:** being sensitive to the suffering of others. This does not mean your desire, intention, or purpose is to palliate someone’s suffering, but rather to support their discovery of the reason for their suffering.

- ☑ *“For I consider **that the sufferings** of this present time are not worthy to be compared with the glory which shall be revealed in us.” Romans 8:18 NKJV*

☑ **Genuine Faith**

- ☑ Paul is fully persuaded that Timothy possesses authentic faith, the only type of faith that defines a true convert. This is not a “faith” that is conjured up by some type of motivational self-help rhetoric, but instead is a gift from God.

- ☑ *“Simon Peter, a bondservant and apostle of Jesus Christ, To those who have obtained like **precious faith***

*with us **by the righteousness of our God and Savior Jesus Christ:***” II Peter 1:1 NKJV

- ☑ *“For I say, through the grace given to me, to everyone who is among you, not to think of himself more highly than he ought to think, **but to think soberly, as God has dealt to each one a measure of faith.**”* Romans 12:3 NKJV

- ☑ *“Therefore I remind you to **stir up the gift of God** which is in you through **the laying on of my hands**. For God has **not given us a spirit of fear, but of power and of love and of a sound mind.**”* II Timothy 1:6-7 NKJV
- ☑ **Stir of the gift in others by anointing and commissioning them...**
- ☑ Faith is a gift and that gift needs to be cultivated, so you can produce what you have specifically been created for. In other words, you have a unique calling and purpose that starts with faith, but is then further inspired by the Holy Spirit and nurtured by others. Paul says it best in his letter to the Ephesians (which is where Timothy is “pastoring” as Paul writes to him).
- ☑ *“**For by grace you have been saved through faith, and that not of yourselves; it is the gift of God, not of***

*works, lest anyone should boast. **For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them.***" Ephesians 2:8-10 NKJV

☑ **No Fear...**

☑ **Best said:** *"There is **no fear in love**; but perfect **love casts out fear**, because fear involves torment. But **he who fears has not been made perfect in love**. We love Him because He first loved us."* I John 4:18-19 NKJV

☑ **Power, Love and a Sound Mind...**

☑ **Power:** we have within us the power that raised Christ from the grave.

☑ [I Paul] *"do not cease to give thanks for you, making mention of you in my prayers: that the God of our Lord Jesus Christ, the Father of glory, may give to you **the spirit of wisdom and revelation** in the knowledge of Him, the eyes of your understanding being enlightened; **that you may know** what is the hope of His calling, what are the riches of the glory of His inheritance in the saints, and **what is the exceeding greatness of His power toward us who believe**, according to the working of His mighty power **which He worked in Christ when He raised Him from the***

dead and seated Him at His right hand in the heavenly places,” Ephesians 1:16-20 NKJV

- ☑ What will you do with that resurrection power?
 - ☑ **Be a new man?** *“For if we **have been united together in the likeness of His death, certainly we also shall be in the likeness of His resurrection**, knowing this, that our **old man was crucified with Him**, that the body of sin might be done away with, that we should no longer be slaves of sin. For he who has died has been freed from sin. **Now if we died with Christ, we believe that we shall also live with Him**, knowing that Christ, having been raised from the dead, dies no more. Death no longer has dominion over Him. For the death that He died, He died to sin once for all; but the life that He lives, He lives to God. **Likewise you also, reckon yourselves to be dead indeed to sin, but alive to God in Christ Jesus our Lord.**” Romans 6:5-11 NKJV*
 - ☑ **...or resurrect your old man?** *“Therefore **do not let sin reign in your mortal body, that you should obey it in its lusts**. And do not present your members as instruments of unrighteousness to sin, but present yourselves to God as **being alive from the dead**, and*

your members as instruments of righteousness to God.” Romans 6:12-13 NKJV

- ☑ **Love:** God is love and you have been given the Spirit of God which means you have access to the divine nature.
- ☑ *“Beloved, let us love one another, for **love is of God;** and everyone who loves is born of God and knows God. He who does not love does not know God, for **God is love.**” I John 4:7-8 NKJV*
- ☑ *“as **His divine power [grace]** has given to us all things that pertain to life and godliness, through the knowledge of Him who called us by glory and virtue, by which have been given to us exceedingly great and precious promises, **that through these you may be partakers of the divine nature [God is love],** having escaped the corruption that is in the world through lust.” II Peter 1:3-4 NKJV*
- ☑ *“For “who has known the mind of the Lord that he may instruct Him?” **But we have the mind of Christ.**” I Corinthians 2:16 NKJV*
- ☑ **A Sound Mind:** You have access to the divine nature, which means you have access to the divine mind, the mind of Christ. In other words, you now have a choice. Prior to this gift of faith, you had access to only the mind

of man. Now you also have access to mind of God. I suggest you drop the mind of man option and live free. Be free to have no other options but the mind of God.

☑ ***“For what man knows the things of a man except the spirit of the man which is in him? Even so no one knows the things of God except the Spirit of God. Now we have received, not the spirit of the world, but the Spirit who is from God, that we might know the things that have been freely given to us by God. These things we also speak, not in words which man’s wisdom teaches but which the Holy Spirit teaches, comparing spiritual things with spiritual. But the natural man does not receive the things of the Spirit of God, for they are foolishness to him; nor can he know them, because they are spiritually discerned. But he who is spiritual judges all things, yet he himself is rightly judged by no one. For “who has known the mind of the Lord that he may instruct Him?” But we have the mind of Christ.”*** 1 Corinthians 2:11-16 NKJV

A Holy Calling

“Therefore do not be ashamed of the testimony of our Lord, nor of me His prisoner, **but share with me in the sufferings** for the gospel

according to the power of God, who has saved us and **called us** with a holy calling, **not according to our works, but according to His own purpose and grace** which was given to us in Christ Jesus before time began, but has now been revealed by the appearing of our Savior Jesus Christ, who has **abolished death and brought life and immortality** to light through the gospel, to which **I was appointed a preacher, an apostle, and a teacher of the Gentiles.** For this reason **I also suffer these things**; nevertheless I am not ashamed, for I know whom I have believed and am persuaded that **He is able to keep what I have committed to Him** until that Day.” II Timothy 1:8-12 NKJV

II Timothy 1:8-12

☑ *“Therefore do not be ashamed of the testimony of our Lord, nor of me His prisoner, **but share with me in the sufferings** for the gospel **according to the power of God**, who has saved us and **called us** with a holy calling, **not according to our works, but according to His own purpose and grace** which was given to us in Christ Jesus before time began,” II Timothy 1:8-9 NKJV*

☑ Our Suffering

☑ *“For I consider **that the sufferings of this present time** are not worthy to be compared with the glory which shall be revealed in us.” Romans 8:18 NKJV*

☑ **His Power**

- ☑ *“and what is the exceeding greatness of **His power** toward us who believe, according to the working of His mighty power which He worked in Christ when He **raised Him from the dead** and seated Him at His right hand in the heavenly places,”* Ephesians 1:19-20 NKJV

☑ **His Calling and Purpose, not Our Works**

- ☑ *“For **we are His workmanship, created in Christ Jesus for good works**, which God prepared beforehand that we should walk in them.”* Ephesians 2:10 NKJV

- ☑ *“but has **now been revealed** by the appearing of our Savior Jesus Christ, who has **abolished death and brought life** and immortality to light through the gospel, to which I was appointed a **preacher, an apostle, and a teacher** of the Gentiles.”* II Timothy 1:10-11 NKJV

☑ **His Purpose and Grace Revealed**

- ☑ Through suffering we share in his power and ministry!

☑ **Abolished death!**

- ☑ The power of death has given way to new life.
- ☑ *““**O Death, where is your sting? O Hades, where is your victory?**” **The sting of death is sin, and the strength of sin is the law. But thanks be to God, who***

***gives us the victory** through our Lord Jesus Christ.*

Therefore, my beloved brethren, be steadfast, immovable, always abounding in the work of the Lord, knowing that your labor is not in vain in the Lord.” 1

Corinthians 15:55-58 NKJV

☑ **Preacher, Apostle, and Teacher**

☑ Paul serves in multiple “Church Offices.”

☑ *“And He Himself gave some to be **apostles**, some prophets, some **evangelists**, and some pastors and **teachers**, for the equipping of the saints for the work of ministry, for the edifying of the body of Christ, till we all come to the unity of the faith and of the knowledge of the Son of God, to a perfect man, to the measure of the stature of the fullness of Christ;”* Ephesians 4:11-13 NKJV

☑ **Preacher:** sharing the good news of Salvation

☑ **Apostle:** leading leaders and laying down new roads of Church government in new territories.

☑ **Teacher:** disseminating good doctrine.

☑ *“**For this reason** I also suffer these things; nevertheless I am not ashamed, for I know whom I have believed and **am***

***persuaded** that He is able to keep what I have committed to Him until that Day.” II Timothy 1:12 NKJV*

☑ **For this reason I am persuaded...**

☑ God will finish what He started!

☑ *“being confident of this very thing, that **He who has begun a good work in you will complete it** until the day of Jesus Christ;”* Philippians 1:6 NKJV

☑ *“looking unto Jesus, **the author and finisher of our faith**, who for the joy that was set before Him endured the cross, **despising the shame**, and has sat down at the right hand of the throne of God.”* Hebrews 12:2 NKJV

Rock Solid

“Hold fast the pattern of sound words which you have heard from me, in faith and love which are in Christ Jesus. **That good thing which was committed to you, keep by the Holy Spirit** who dwells in us. This you know, that all those in Asia have turned away from me, among whom are Phygellus and Hermogenes. The Lord grant mercy to the household of Onesiphorus, for **he often refreshed me**, and was not ashamed of my chain; but when he arrived in Rome, he sought me out very zealously and found me. The Lord grant to him that he may find mercy from the Lord in that Day—and you

know very well how **many ways he ministered to me at Ephesus.**" II Timothy 1:13-18 NKJV

II Timothy 1:13-18

☑ ***"Hold fast the pattern of sound words** which you have heard from me, in faith and love which are in Christ Jesus. That **good thing which was committed to you, keep by the Holy Spirit** who dwells in us. This you know, that all those in Asia **have turned away from me,** among whom are Phygellus and Hermogenes."* II Timothy 1:13-15 NKJV

☑ Sound words...

☑ They Holy Spirit has committed to you good doctrine and it is your job to make sure you teach such. That is one of the main themes of Pauls first letter to Timothy.

☑ ***"As I urged you when I went into Macedonia—remain in Ephesus that you may charge some that they teach no other doctrine,"*** I Timothy 1:3 NKJV

☑ ***"The Lord grant mercy to the household of Onesiphorus, for he often refreshed me, and was not ashamed of my chain; but when he arrived in Rome, he sought me out very zealously and found me. The Lord grant to him that he may find mercy from the Lord in that Day—and you know very well how many***

ways he **ministered to me at Ephesus.**" II Timothy 1:16-18
NKJV

☑ Hospitality

- ☑ We are charged to take care of one another, offering quarters and refuge to our fellow saints.
- ☑ **"Be hospitable to one another without grumbling. As each one has received a gift, minister it to one another, as good stewards of the manifold grace of God."** I Peter 4:9-10 NKJV
- ☑ **"Let love be without hypocrisy. Abhor what is evil. Cling to what is good. Be kindly affectionate to one another with brotherly love, in honor giving preference to one another; not lagging in diligence, fervent in spirit, serving the Lord; rejoicing in hope, patient in tribulation, continuing steadfastly in prayer; distributing to the needs of the saints, given to hospitality."** Romans 12:9-13 NKJV
- ☑ **"Let brotherly love continue. Do not forget to entertain strangers, for by so doing some have unwittingly entertained angels."** Hebrews 13:1-2 NKJV

NEXT TEACHING

Disciples Making Disciples (II Timothy 2:1-26)