



MAIN SCRIPTURES

- James 1:19-20; Eph. 4:26-27
- John 14:27, 16:33; Phil. 4:7

SURRENDER MY FEELINGS

- Surrender Anger
- Practice Peace

FOUNDATIONAL SCRIPTURES:

“Beloved, now we are children of God. **It is not yet revealed what we will be; but we know that when He is revealed, we will be like Him**, for we will see Him just as He is.” 1 John 3:2 WEBUS

“So, then, my beloved brothers, let every man be swift to hear, **slow to speak, and slow to anger**; for the **anger of man doesn’t produce the righteousness of God.**” James 1:19-20 WEBUS

“**Be angry, and don’t sin.**” **Don’t let the sun go down on your wrath**, and don’t give place to the devil.” Eph. 4:26-27 WEBUS

“**Peace I leave with you. My peace I give to you**; not as the world gives, I give to you. Don’t let your heart be troubled, **neither let it be fearful.**” ...“I have told you these things, **that in me you may have peace.** In the world you have trouble; but cheer up! **I have overcome the world.**” John 14:27; 16:33 WEBUS

“**The peace of God, which surpasses all understanding**, will guard your hearts and your thoughts in Christ Jesus.” Philippians 4:7 WEBUS

INTRODUCTION:

Cease resistance; abandon control of your life entirely, and come into complete submission to God. That's what it means to surrender. When Y'shua returns, some of you will be like Him. And for that transformation to occur, it requires that you surrender your anger and practice experiencing peace.

Pray this without ceasing: "Yahweh, I confess that to live in a state of annoyance, irritability, frustration, bitterness, resentment, and unforgiveness, will undoubtedly cause my temper to flare. Uncontrollable anger never yields results that are pleasing to You. I know there are many things about which it would be wise to "sleep on" before I make a decision; but surrendering my anger is not one of them! Today, I will not allow injustice to rattle me, nor the harmful ways in which I am treated by others. Instead, I will seek peace; a tranquil feeling, and to live in a state of joy without disturbance or conflict. I believe that to sense supernatural calm and serenity is more attainable than I might have previously thought, and once I experience it, it will boggle my mind—but in a very good way!"

Whoever won't surrender their anger and practice living in peace, simply won't become like Him.

SURRENDER THAT I DESERVE TO FEEL THIS WAY!

1. Surrender My Feelings

A. Surrender Anger

(1) **Introduction:** to be angry can be more than a feeling; it can become a way of life!

(a) **Surrender Anger:** When you live in a state of annoyance, irritability, frustration, bitterness, resentment, and unforgiveness, you will undoubtedly let your temper flare quite often. Uncontrollable anger never yields results that are pleasing to God. There are many things about which it would be wise to “sleep on” before a decision is made; surrendering your anger is not one of them!

1. “So, then, my beloved brothers, let every man be swift to hear, **slow to speak, and slow to anger**; for the **anger of man doesn’t produce the righteousness of God.**” James 1:19-20 WEBUS

a) Uncontrollable anger never yields results that are pleasing to God.

1) The admonition is *to slow down*... That is not only the instruction, but is the remedy itself, because it renders time to check in with God!

- 2) Halt, pause, downshift, take a breath, and listen to God before you say your next word, before you utter even your next syllable.
- 3) Be still! Freeze before you take your next step, as actions speak louder than words.
- 4) And while you are at it, check your next facial expression as well, as your face also speaks louder than your words.

b) The anger of man doesn't produce the righteousness of God—so Selah: slow down, stop and consider God before you say or do anything!

- 1) ***"The heavens shall declare his righteousness, for God himself is judge. Selah."*** Psalms 50:6

WEBUS

(b) Selah: slow down, stop and consider God before you move on to whatever is next!

1. **"Be still, and know that I am God. I will be exalted among the nations. I will be exalted in the earth. Yahweh of Armies is with us. The God of Jacob is our refuge. Selah."** Psalms 46:10-11 WEBUS
2. **"Has God forgotten to be gracious? Has he, in anger, withheld his compassion?" Selah.** Psalms 77:9

WEBUS

3. “You have **given him his heart’s desire**, and **have not withheld the request of his lips. Selah.**” Psalms 21:2

WEBUS

a) If YOU would just Selah...

- 1) Yahweh would be exalted as you rest in Him...
- 2) You would experience that graciousness and compassion are far more affective than anger...
- 3) You would recognize that Yahweh stands ready to answer your prayers and to fulfill your heart’s desires...

(c) Godly leaders and anger...

1. “For **the overseer must be blameless**, as God’s steward, not self-pleasing, **not easily angered**, not given to wine, not violent, not greedy for dishonest gain;” Titus 1:7 WEBUS

- a) Good leaders are not given over to anger so easily.
- b) They are measured in their response, always prioritizing the needs and feelings of others.

(2) Anger that leads to sin can’t produce God’s righteousness!

(a) The emotion of anger itself is as natural as any other emotion. However...

1. **“Be angry, and don’t sin.” Don’t let the sun go down on your wrath, and don’t give place to the devil.”**
Ephesians 4:26-27 WEBUS

- a) There are many things about which it would be wise to “sleep on” before a decision is made; surrendering your anger is not one of them!
 - 1) It’s not the emotion itself that is dangerous or sinful, it’s when the emotion is permitted to fester: hour after hour, day after day, week after week, month after month, and year after year.
 - 2) And that begins by going to bed at night without resolution in your heart, and without forgiveness on your lips.
 - 3) The enemy does his best work at night as you sleep. It is when you are most vulnerable to the lies and deceit because your subconscious is more exposed to his whispers.
 - 4) This is easily avoided by heeding James’s advice!
- (b) Anger that is permitted to ruminate will grow like an aggressive form of cancer; it will eventually take over your whole life...

1. "...Don't you know that **a little yeast leavens the whole lump?**" 1 Corinthians 5:6 WEBUS
 2. "**A little yeast grows through the whole lump.**" Galatians 5:9 WEBUS
- (c) What is really inside of you WILL eventually leak out once you are squeezed a little...
1. "Even so, **every good tree produces good fruit, but the corrupt tree produces evil fruit. A good tree can't produce evil fruit, neither can a corrupt tree produce good fruit.** Every tree that doesn't grow good fruit is cut down and thrown into the fire. Therefore **by their fruits you will know them.**" Matthew 7:17-20 WEBUS
 - a) A good tree, a bad tree, and their respective fruits!
 - 1) Good trees ALWAYS produce good fruit.
 - 2) Bad trees ALWAYS produce bad fruit.
 - b) Bad tree ALWAYS get uprooted by God!
 - 1) "***Even now the ax lies at the root of the trees. Therefore every tree that doesn't produce good fruit is cut down, and cast into the fire.***" Matthew 3:10 WEBUS
 - c) The fruit is ALWAYS obvious and conspicuous!

- 1) It can't be hidden, and when that fruit is the anger, rage, wrath, and fury species, it won't ever yield the righteousness of God.

(d) Rage

1. "But **they were filled with rage**, and talked with one another about what they might do to Jesus." Luke

6:11 WEBUS

- a) Y'shua healed a man with a withered hand on the Sabbath because He already knew the rage in the hearts of the scribes and Pharisees who looked on.

- 1) *"The scribes and the Pharisees watched him, to see whether he would heal on the Sabbath, **that they might find an accusation against him.**"*

Luke 6:7 WEBUS

- 2) What is in man is what comes out of a man when he is poked!

(e) Wrath

1. "**They were all filled with wrath** in the synagogue as they heard these things." Luke 4:28 WEBUS

- a) Y'shua revealed Himself as the ONE of whom Isaiah prophesied (Isaiah 61:1-2a), and those who would reject Him were filled with wrath, so much

wrath that they wished to throw Him off a cliff to His death.

1) *“He began to tell them, **“Today, this Scripture has been fulfilled in your hearing.”** Luke 4:21*

WEBUS

2) When a man comes face to face with a truth he has already chosen to ignore or reject, his wrath against that truth will manifest!

(f) Fury

1. *“But they, when they heard this, were **cut to the heart [furious NKJV]**, and were determined to kill them.” Acts 5:33* WEBUS

a) Peter and the other apostles had been ordered by the religious elite to no longer teach in the name of Y’shua, and they had completely ignored their ruling.

1) *“But Peter and the apostles answered, **“We must obey God rather than men.”** Acts 5:29*

WEBUS

2) When a man demands that he be followed and revered above the God you serve, and you refuse to honor them, they will be “cut to the heart” and become exceedingly furious.

(g) Admonition...

1. **“Cease from anger, and forsake wrath. Don’t fret; it leads only to evildoing.”** Psalms 37:8 WEBUS

a) If you struggle with anger, these are your marching orders!

(3) Always being annoyed, irritable, and frustrated is debilitating and will hinder your effectiveness for God’s kingdom purposes.

(a) Annoyance

1. **“A fool shows his annoyance the same day, but one who overlooks an insult is prudent.”** Proverbs 12:16
WEBUS

a) When a man consistently feels annoyed, he is likely to be reactive instead of proactive.

b) A reactive person makes foolish choices so often, as if bad decisions are a way of life!

1) *“The **fool’s talk** brings a rod to his back, but the lips of the wise protect them.”* Proverbs 14:3

WEBUS

c) **Heed the  WARNING  throughout this**

teaching: Where there is a fool there is an angry man separated from God.

1) *“Foolishness stands in perfect opposition to understanding, knowledge, and intimacy with God; it is rocket fuel for anger and all of its tributaries.” DJH*

(b) Irritable

1. “Don’t be **hasty in your spirit** to be angry, for anger rests in **the bosom of fools.**” Ecclesiastes 7:9 WEBUS

a) An irritated man is “hasty in his spirit,” which means he is easily provoked to anger.

b) An easily provoked man is likely to do and say many foolish things!

1) *“A **fool’s lips** come into strife, and his mouth **invites beatings.**” Proverbs 18:6 WEBUS*

c) **Heed the ☠️ WARNING ☠️:** Where there is a fool there is an angry man separated from God.

1) *“Foolishness stands in perfect opposition to understanding, knowledge, and intimacy with God; it is rocket fuel for anger and all of its tributaries.” DJH*

(c) Frustration

1. "All his days he also eats in darkness, **he is frustrated, and has sickness** and wrath." Ecclesiastes 5:17

WEBUS

- a) To live in a state of frustration is like having a chronic disease of the soul.
- b) Dis-ease of the soul will eventually manifest in many various diseases in the body.

- 1) *"My wounds are loathsome and corrupt because of my foolishness. I am in pain and bowed down greatly. I go mourning all day long. *For my waist is filled with burning. There is no soundness in my flesh."* Psalms 38:5-7

WEBUS

* *"My loins are **full of inflammation**, And there is no soundness in my flesh."* Psalms 38:7

NKJV

* *"My back is **filled with searing pain**; there is **no health in my body**."* Psalms 38:7 NIV

* *"My body is **hot with fever. I am very ill**."*

Psalms 38:7 EASY



- c) **This is critical to understand and acknowledge:**
Anger-based emotions elaborated on throughout

this teaching will lead to disease in your body if left “untreated!”

(4) Three Poisons: Bitterness, Resentment, & Unforgiveness—the undesirable spawn when Anger procreates.

(a) Bitterness



1. “looking carefully lest there be any man who falls short of the grace of God, **lest any root of bitterness springing up trouble you and many be defiled by it,**”
Hebrews 12:15 WEBUS

- a) Bitterness is a toxic poison to the human soul.
- b) It is like the root of a tree that reaches deep into the soil to absorb its sustenance.
- c) The root is responsible for nourishing, stabilizing, and securing the part of the tree that is exposed.
- d) However, a bitter root only absorbs toxic elements, and thus, the part of the tree that is exposed becomes profane and infected.
 - 1) “**Let all bitterness, wrath, anger, outcry, and slander be put away from you, with all malice.**”
Ephesians 4:31 WEBUS
- e) **Heed the  WARNING **: Where there is a fool there is an angry man separated from God.

- 1) *“Foolishness stands in perfect opposition to understanding, knowledge, and intimacy with God; it is rocket fuel for anger and all of its tributaries.” DJH*
- 2) *“Anger-based emotions will lead to disease in your body if left “untreated!”” DJH*

(b) Resentment

1. “For **resentment kills the foolish man**, and jealousy kills the simple.” Job 5:2 WEBUS
 - a) To live with resentment is like living with a premature death sentence.
 - b) Resentment seals the ultimate destiny of the foolish man.
 - c) Foolishness is the common character trait in the man who abides in anger.
 - d) Be very careful because once foolishness takes root, it will have a generational impact.
 - 1) *“**I have seen the foolish taking root**, but suddenly I cursed his habitation. **His children are far from safety**. They are crushed in the gate. Neither is there any to deliver them,”* Job 5:3-4 WEBUS

- e) **Heed the  WARNING **: Where there is a fool there is an angry man separated from God.
- 1) *“Foolishness stands in perfect opposition to understanding, knowledge, and intimacy with God; it is rocket fuel for anger and all of its tributaries.” DJH*
 - 2) *“Anger-based emotions will lead to disease in your body if left “untreated!”” DJH*

(c) Unforgiveness

1. **[In context of the Lord’s Prayer]** **“For if you forgive men their trespasses, your heavenly Father will also forgive you. But if you don’t forgive men their trespasses, neither will your Father forgive your trespasses.”** Matthew 6:14-15 WEBUS
 - a) Unforgiveness might be the least desirable of anger’s **spawn** [the derogatory description of one’s offspring].
 - b) Prerequisites for God’s forgiveness include both: **repentance**; you must truly have a contrite heart—be authentically sorry. And **forgiveness**; you must be willing to forgive others; for if you won’t, you can’t have His—He won’t forgive you!

c) These words of our blessed Savior appear harsh on the surface, but what they are is a **critical reality check**.

d) In other words, you will receive from God exactly what you are willing to give to others!

1) *“For with whatever judgment you judge, you will be judged; and with **whatever measure you measure, it will be measured to you.**”* Matthew 7:2 WEBUS

2. [In context of the barren fig tree] **“Whenever you stand praying, forgive, if you have anything against anyone; so that your Father, who is in heaven, may also forgive you your transgressions. But if you do not forgive, neither will your Father in heaven forgive your transgressions.”**” Mark 11:25-26 WEBUS

a) The only way to annihilate unforgiveness is to kill it at its bitter roots!

1) *“When evening came, he went out of the city. As they passed by in the morning, **they saw the fig tree withered away from the roots.** Peter, remembering, said to him, “Rabbi, look! The fig tree which you cursed has withered away.”*”

Mark 11:19-21 WEBUS

b) Note to self... the most powerful bitter root killer is to live out your faith in Messiah Y'shua!

1) **[The lesson of the barren fig tree]** *“Jesus answered them, **“Have faith in God.** For most certainly I tell you, whoever may tell this mountain, ‘Be taken up and cast into the sea,’ and doesn’t doubt in his heart, but believes that what he says is happening, he shall have whatever he says. Therefore I tell you, **all things whatever you pray and ask for, believe that you have received them,** and you shall have them.”*

Mark 11:22-24 WEBUS

2) *“As therefore you received Christ Jesus the Lord, **walk in him, rooted and built up in him** and **established in the faith, even as you were taught,** abounding in it in thanksgiving.”*

Colossians 2:6-7 WEBUS

(d) A forgiveness narrative that **MUST** be shared...

1. “Then Peter came and said to him, “Lord, **how often shall my brother sin against me, and I forgive him?** Until seven times?” Jesus said to him, “I don’t tell you until seven times, but, until seventy times seven. Therefore the Kingdom of Heaven is like a certain

king who wanted to settle accounts with his servants. When he had begun to settle, **one was brought to him who owed him ten thousand talents.** But because he couldn't pay, his Lord commanded him to be sold, with his wife, his children, and all that he had, and payment to be made. **The servant therefore fell down and knelt before him, saying, 'Lord, have patience with me, and I will repay you all!' The Lord of that servant, being moved with compassion, released him and forgave him the debt.** "But that servant went out and found one of his fellow servants who **owed him one hundred denarii,** and he grabbed him and took him by the throat, saying, **'Pay me what you owe!'** "So his fellow servant fell down at his feet and begged him, saying, **'Have patience with me, and I will repay you!'** He would not, but went and cast him into prison until he should pay back that which was due. So when his fellow servants saw what was done, they were exceedingly sorry, and came and told their Lord all that was done. **Then his Lord called him in and said to him, 'You wicked servant! I forgave you all that debt because you begged me. Shouldn't you also have had mercy on**

your fellow servant, even as I had mercy on you?' **His Lord was angry, and delivered him to the tormentors until he should pay** all that was due to him. **So my heavenly Father will also do to you, if you don't each forgive your brother** from your hearts for his misdeeds.'" Matthew 18:21-35 WEBUS

- a) Clearly this is a frightening object lesson about which Y'shua warned in Matthew 6:15... *"But if you don't forgive men their trespasses, neither will your Father forgive your trespasses."*
 - 1) The forgiveness of God knows no limits, if you are willing to also forgive your brother.
 - 2) God's forgiveness covers your immeasurable debt of sin, compared to the tiny speck of sin that someone might commit against you.
 - 3) God uses an if-then legal system that He created and within which He chose to operate.
- b) Note to Self: God's legal system works in both directions, thus you can reverse engineer anything using His operating system. (See [Legal Matters](#))
 - 1) If you won't forgive, you won't be forgiven!
 - 2) However, if you consciously and purposely forgive others their tiny debt, you can expect to

be forgiven your otherwise insurmountable debt by God.

3) And you can ALSO employ God's if-then legal system for every act of faith, not just for forgiveness!

c) That is why when Y'shua taught the lesson about forgiveness using the fig tree—it was really all an object lesson about the power of FAITH!

*“Whatever you pray and ask for, **believe that you have received them**, and you shall have them.”*

1) *“**Whenever you stand praying, forgive**, if you have anything against anyone; so **that your Father, who is in heaven, may also forgive you your transgressions. But if you do not forgive, neither will your Father in heaven forgive your transgressions.**”*” Mark 11:25-26

2) *“Jesus answered them, **“Have faith in God.** For most certainly I tell you, whoever may tell this mountain, ‘Be taken up and cast into the sea,’ and **doesn't doubt in his heart, but believes** that what he says is happening, he shall have whatever he says. Therefore I tell you, **all things whatever you pray and ask for, believe that you***

have received them, and you shall have them."

Mark 11:22-24 WEBUS

(5) Anger and its companion emotions as a way of life will fuel a bad temper!

(a) Temper

1. "He who is **slow to anger has great understanding**, but he who has a **quick temper displays folly.**"

Proverbs 14:29 WEBUS

a) Again, we see the abiding relationship between anger and foolishness.

b) A measured, non-reactionary response is the hallmark of a man with wise discernment.

- 1) "*He who spares his words has knowledge. He who is **even tempered** is a man of understanding.*" Proverbs 17:27 WEBUS

c) **Heed the ☠️ WARNING ☠️:** Where there is a fool there is an angry man separated from God.

- 1) "*Foolishness stands in perfect opposition to understanding, knowledge, and intimacy with God; it is rocket fuel for anger and all of its tributaries.*" DJH

2) *“Anger-based emotions will lead to disease in your body if left “untreated!”” DJH*

d) Being ***swift to hear, slow to speak, and slow to anger*** helps maintain strong relationships, whereas a bad temper ruins friendships...

1) ***“Don’t befriend a hot-tempered man. Don’t associate with one who harbors anger, lest you learn his ways and *ensnare your soul.”***

Proverbs 22:24-25 WEBUS

2) **Associating with angry people will eventually infect your soul and cause disease in your body!*

(b) Triggers

1. **“Don’t be rash** with your mouth, and **don’t let your heart be hasty** to utter anything before God; for God is in heaven, and you on earth. **Therefore let your words be few.** For as a dream comes with a multitude of cares, so **a fool’s speech with a multitude of words.”** Ecclesiastes 5:2-3 WEBUS

a) Trigger behaviors are bad reflex habits.

b) Again, the hallmark of a fool is to react too quickly and speak too much.

1) *“The heart of the righteous weighs answers, but the mouth of the wicked gushes out evil.”*

Proverbs 15:28 WEBUS

c) **Heed the ☠️ WARNING ☠️:** Where there is a fool there is an angry man separated from God.

1) *“Foolishness stands in perfect opposition to understanding, knowledge, and intimacy with God; it is rocket fuel for anger and all of its tributaries.” DJH*

2) *“Anger-based emotions will lead to disease in your body if left “untreated!”” DJH*



d) Trigger behaviors are reflex reactions that happen naturally and often, so they feel like old friends who came to visit, but never left!

e) In other words, companions need not be people—they can just as easily be influential negative behaviors.

1) *“Don’t be deceived! **Evil companionships corrupt good morals.**”” 1 Corinthians 15:33*

WEBUS

(c) Anger Turned Outward (towards others!)

1. **“A fool vents all of his anger,** but a wise man brings himself under control.” Proverbs 29:11 WEBUS
 - a) Yet one more time, we see that it is the man who is a fool who cannot control his anger... *“Be angry but do not sin...”*
 - b) And at times, his unconfined anger is directed towards others.
 - 1) ***“Don’t be hasty in your spirit to be angry, for anger rests in **the bosom of fools.**”*** Ecclesiastes 7:9 WEBUS
 - 2) ***“A gentle answer turns away wrath, but **a harsh word stirs up anger.**”*** Proverbs 15:1 WEBUS
 - c) **Heed the  WARNING **: Where there is a fool there is an angry man separated from God.
 - 1) *“Foolishness stands in perfect opposition to understanding, knowledge, and intimacy with God; it is rocket fuel for anger and all of its tributaries.”* DJH
 - 2) *“Anger-based emotions will lead to disease in your body if left “untreated!””* DJH
 - (d) Anger Turned Inward (towards oneself!)

1. **“Why are you in despair, my soul? Why are you disturbed within me? Hope in God! For I shall still praise him for the saving help of his presence.”**

Psalms 42:5 WEBUS

- a) At times, a man can feel trapped in his emotions, and he will turn his anger towards himself, resulting in a feeling of hopelessness.
- b) The remedy is to worship and to come into God’s presence!
- c) Intimacy with God is the only permanent cure for a bad attitude.

- 1) ***“Why are you in despair, my soul? Why are you disturbed within me? Hope in God! For I shall still praise him, the saving help of my countenance, and my God.”*** Psalms 42:11

WEBUS

- (e) Anger Turned Upward (towards Yahweh!)

1. **“I am the man who has seen affliction by the rod of his wrath. He has led me and caused me to walk in darkness, and not in light. Surely he turns his hand against me again and again all day long. He has made my flesh and my skin old. He has broken my bones. He has built against me, and surrounded me**

with bitterness and hardship. He has made me dwell in dark places, as those who have been long dead.”

Lamentations 3:1-6 WEBUS

- a) There are seasons in every man’s life when he feels that God has abandoned him.
- b) The feelings are real; the abandonment is not.
- c) The trials and testing are real, but not because God has turned against you—it’s because He wants to be your vindication and your deliverer—your only source of light, truth, and help.

1) *“**Vindicate me, God, and plead my cause against an ungodly nation. Oh, deliver me from deceitful and wicked men. For you are the God of my strength. Why have you rejected me? Why do I go mourning because of the oppression of the enemy? Oh, send out your light and your truth. Let them lead me. Let them bring me to your holy hill, to your tents. Then I will go to the altar of God, to God, my exceeding joy. I will praise you on the harp, God, my God. Why are you in despair, my soul? Why are you disturbed within me? Hope in God! For I shall***

still praise him: my Savior, my helper, and my God.” Psalms 43:1-5 WEBUS

d) Rather than God desiring to harm you, the trials are because God is pruning you as His legitimate children, so don't let the chastening cause you to become angry with God.

1) ***“It is for discipline that you endure. God deals with you as with children, for what son is there whom his father doesn't discipline? But if you are without discipline, of which all have been made partakers, then you are illegitimate, and not children.*** Furthermore, we had the fathers of our flesh to chasten us, and we paid them respect. Shall we not much rather be in subjection to the Father of spirits and live? For they indeed for a few days disciplined us as seemed good to them, but he for our profit, that we may be partakers of his holiness. ***All chastening seems for the present to be not joyous but grievous; yet afterward it yields the peaceful fruit of righteousness to those who have been trained by it.*** Therefore lift up the hands that hang down and the feeble knees,

*and make straight paths for your feet, so what is lame may not be dislocated, but rather be healed. **Follow after peace with all men, and the sanctification without which no man will see the Lord,***” Hebrews 12:7-14 WEBUS

B. Practice Peace (See also [Surrender Fear & Practice Freedom](#))

(1) “Follow after peace with all men...”

(a) **Practice Peace:** Don’t be rattled by the injustices around you, nor by the harmful ways in which you are treated by others. Instead, seek peace; a tranquil feeling, and to live in a state of joy without disturbance or conflict. To sense supernatural calm and serenity is more attainable than you might think, and once you experience it, it will boggle your mind—but in a very good way!

1. “I have told you these things, **that in me you may have peace.** In the world you have trouble; but cheer up! **I have overcome the world.**”” John 16:33

WEBUS

a) Life is filled with difficulties and challenges.

b) But, in the midst of trouble you have the potential be totally focussed on the things of God.

c) Doing so yields perfect peace.

- 1) *“You will keep **whoever’s mind is steadfast in perfect peace, because he trusts in you. Trust in Yahweh** forever; for in Yah, Yahweh, is an everlasting Rock.”* Isaiah 26:3-4 WEBUS
- d) The mind steadfast in perfect peace...
 - 1) *““For who has known the mind of the Lord that he should instruct him?” **But we have Christ’s mind.**”* 1 Corinthians 2:16 WEBUS
- (b) **Q:** What does true peace look like? **A:** *Contentment* regardless of what is transpiring around you.
 1. “But **godliness with contentment** is great gain. For we brought nothing into the world, and we certainly can’t carry anything out.” 1 Timothy 6:6-7 WEBUS
 - a) **Godliness** is the state of contentment when you are completely satisfied because of your pursuit of God’s will in every area of your life, not because you have already obtained all you are seeking.
 - b) In addition, it is the satisfaction gained once you acknowledge that nothing tangible that you’ve acquired in this world is going with you into eternity.
- (c) **Q:** What does true peace look like? **A:** *Joy* regardless of what is transpiring around you.

1. “Count **it all joy**, my brothers, when you fall into various temptations, knowing that the testing of your faith produces endurance. Let endurance have its **perfect work, that you may be perfect and complete, lacking in nothing.**” James 1:2-4 WEBUS
 - a) **Joy** is the feeling of peace and happiness that is not dependent on external circumstances.
 - b) It is the inner contentment derived from a dynamic and trusting relationship with God, regardless of the trials you are enduring at the present time.

(2) Peace with Others: because you have Peace With God, FROM God, and OF God.

- (a) Seek peace; a tranquil feeling, and to live in a state of joy without disturbance or conflict.
 1. “**Blessed are the peacemakers**, for they shall be called children of God.” Matthew 5:9 WEBUS
 - a) Peace with others because you are a child of God
 - 1) Be the bearer of peace in every relationship and situation.
 - (b) Don’t be rattled by the injustices you see around you.
 1. “**Yahweh, how long will I cry, and you will not hear?** *I cry out to you “Violence!” and will you not save? Why do you show me iniquity, and look at perversity?*”

*For destruction and violence are before me. **There is strife, and contention rises up.** Therefore the law is paralyzed, and justice never prevails; for the wicked surround the righteous; **therefore justice comes out perverted.***" Habakkuk 1:2-4 WEBUS

a) You can be confident that Yahweh will ultimately restore justice!

1) *"Yes, truth is lacking; and he who departs from evil makes himself a prey. **Yahweh saw it, and it displeased him that there was no justice.** He saw that there was no man, and wondered that there was no intercessor. **Therefore his own arm brought salvation to him; and his righteousness sustained him.***" Isaiah 59:15-16 WEBUS

(c) Don't be rattled by the harmful ways in which you are treated by others.

1. **"If it is possible, as much as it is up to you, be at peace with all men.** Don't seek revenge yourselves, beloved, but **give place to God's wrath.** For it is written, "Vengeance belongs to me; **I will repay, says the Lord.**"" Romans 12:18-19 WEBUS

a) You have nothing to fear because God's got this...

- b) You cannot control what others do or say, but you can control what you do or say (by God's grace).
- c) Be the godly influence over people and in all circumstances arbitrate peace; then have no fear!

(3) Peace WITH God: because He has reconciled you with Himself!

(a) Peace with God through **Faith**

1. "Being therefore **justified by faith**, we have **peace with** God through our Lord Jesus Christ; through whom we also have our access by faith into this grace in which we stand. We rejoice in hope of the glory of God." Romans 5:1-2 WEBUS

- a) By grace through faith, you have been redeemed for all eternity.
- b) All debts have been justified; there remains nothing more to reconcile between you and God.

(4) Peace FROM God: because He has given you His peace!

(a) Peace from God through **Receiving**

1. "**Peace I leave with you. My peace I give to you**; not as the world gives, I give to you. Don't let your heart be troubled, **neither let it be fearful.**" John 14:27
WEBUS

- a) You can live with perfect peace if you will just accept His offer.
 - b) Do so and your troubles and fears will vanish.
2. **“I have told you these things, that in me you may have peace.** In the world you have trouble; but cheer up! I have overcome the world.” John 16:33 WEBUS
- a) God’s PEACE is available for you to access to overcome every fear...
 - b) Y’shua knows that the dying world comes against His bride, and that is why He assured us in advance that we can have His peace even in the midst of attacks!

(5) Peace OF God: because you can purposely seek His peace!

- (a) To sense supernatural calm and serenity is more attainable than you might think, and once you experience it, it will boggle your mind—but in a very good way!
1. **“In nothing be anxious,** but in everything, by **prayer** and **petition** with **thanksgiving**, let your **requests be made known** to God. **And the peace of God, which surpasses all understanding,** will guard your hearts

and your thoughts in Christ Jesus.” Philippians 4:6-7

WEBUS

- a) **Prayer** is worship and communication with God. There are various forms including: supplication, intercession, thanksgiving, and adoration—emphasizing a personal and communal relationship with Him; a direct communication with a personal God.
- b) **Petition** is heartfelt supplication directed towards God. It conveys a sense of earnestness and urgency in prayer, reflecting a deep personal need or desire. Prayer that is specific and fervent, often in the context of seeking divine intervention or assistance.
3. **Thanksgiving** denotes the act of expressing gratitude. Prayer and worship that highlight an attitude of thankfulness towards God for His grace, provision, and blessings. It underscores how important it is to recognize God’s goodness and then to respond with a heart of gratitude.
- d) **Request** is a specific petition made by an individual. It is often used in the context of prayer

or supplication to God that highlights the act of asking with a sense of earnestness and humility.

e) **Pray like that and...** *“The **peace of God**, which surpasses all understanding, will guard your hearts and your thoughts in Christ Jesus.”*

1) **Because...** *“The **effective, fervent prayer** [insistent prayer] of a righteous man **avails much** [is powerfully effective].” James 5:16*

2) **Then you can...** *“...**consider that the sufferings of this present time** are not worthy to be compared with the glory which will be revealed in you.” Romans 8:18*

3) **The Admonition:** *“...**be diligent to be found in peace**, without defect and blameless in his sight.” 2 Peter 3:14 WEBUS*

(6) How can you apprehend the peace of God that guards your heart and mind?

(a) Do the things which you learned, received, heard, and saw in me, and **the God of peace will be with you.**

1. “Finally, brothers, whatever things are **true**, whatever things are **honorable [noble]**, whatever things are **just**, whatever things are **pure**, whatever things are **lovely**, whatever things are of **good report**: if there is

any **virtue** and if there is anything **worthy of praise**, **think about [meditate on] these things**. Do the things which you learned, received, heard, and saw in me, and **the God of peace will be with you.**" Philippians 4:8-9 WEBUS

a) **Practice by meditating on...**

- 1) **Whatever is True:** Truth—God's word; Y'shua is the word incarnate!
- 2) **Whatever is Noble:** Honorable, Royal.
- 3) **Whatever is Just:** Justice, fairness, equity.
- 4) **Whatever is Pure:** undefiled, unmixed, whole, with integrity.
- 5) **Whatever is Lovely:** things which are beautiful in God's eyes.
- 6) **Whatever is Uplifting:** A good report; and positive conversation.
- 7) **Whatever is Virtuous:** Virtue—what is right in God's eyes; what is on Yahweh's heart.
- 8) **Whatever is Praiseworthy:** Yahweh is to be praised above all things and in all circumstances!

- b) Good fruit begins with good soil. And being planted in the WORD OF GOD is the best possible soil.
- 1) *“Blessed is the man who doesn’t walk in the counsel of the wicked, nor stand on the path of sinners, nor sit in the seat of scoffers; but his delight is in Yahweh’s law. On his law he meditates day and night. **He will be like a tree planted by the streams of water, that produces its fruit in its season,** whose leaf also does not wither. Whatever he does shall prosper.”* Psalms 1:1-3 WEBUS
- c) The tree that grows in the WORD OF GOD as its soil is growing from a ROOT that is the holiness of God (*as opposed to a bitter root*)! Thus the tree and its branches are also Holy, and naturally so is the fruit on those branches—don’t ever forget that!
- 1) *“**If the first fruit is holy, so is the lump. If the root is holy, so are the branches.** But if some of the branches were broken off, and you, being a wild olive, were grafted in among them and became partaker with them of the root and of the richness of the olive tree, don’t boast over*

*the branches. But if you boast, **remember that it is not you who support the root, but the root supports you.***” Romans 11:16-18 WEBUS

(7) So you will be His disciples, if you...

(a) ...acknowledge and understand the vine, the vinedresser, the branches and the fruit...

1. **“I am the true vine, and my Father is the farmer. Every branch in me that doesn’t bear fruit, he takes away. Every branch that bears fruit, he prunes, that it may bear more fruit.** You are already pruned clean because of the word which I have spoken to you. **Remain in me, and I in you. As the branch can’t bear fruit by itself unless it remains in the vine, so neither can you,** unless you remain in me. **I am the vine. You are the branches. He who remains in me and I in him bears much fruit,** for apart from me you can do nothing. **If a man doesn’t remain in me,** he is thrown out as a branch and is withered; and they gather them, throw them into the fire, and they are burned. **If you remain in me, and my words remain in you,** you will ask whatever you desire, and it will be done for you. **“In this my Father is glorified, that you bear**

much fruit; and so you will be my disciples.” John
15:1-8 WEBUS

a) Identifiers

- 1) **The Father (Yahweh):** The farmer or vinedresser.
- 2) **The Son (Y’shua):** The true vine.
- 3) **The Branch (Disciples):** That would be you!
- 4) **The Fruit (Evidence):** Proof that the branch is connected to the vine.

b) Instructions

- 1) You are ordered to “bear much fruit!” It’s the evidence of true disciples and it glorifies the Father (the farmer).
- 2) Remain connected to the vine (Y’shua) because the branch (you) can’t bear fruit otherwise.
- 3) Anyone who remains connected WILL bear abundant excellent fruit—otherwise he will produce no fruit.
- 4) Every branch that bears fruit, will be further pruned (refined by testing) by the Father to bear even more fruit.
- 5) Mature disciples have already been through a pruning process because they are experienced

in the Word of God and have been trained and disciplined by it.

6) The word (Y'shua is the Word) **MUST** remain in you (Think in Bible!).

7) If you remain connected to the vine (Y'shua) and attentive to God's word (His voice and the Scriptures) the father will be attentive to your prayers.

c) Warnings

1) The Father will remove every branch doesn't remain in Y'shua—those that wither and don't bear fruit.

2) This is beyond pruning: Cutting back the branches so they grow more abundant.

3) This is an elimination: The fruitless branches are thrown into the fire and burned.

(8) Object Lesson: Seeds and Fruit

(a) **Ponder what is in your heart as you meditate on this final section:** Is there any anger, annoyance, irritability, frustration, bitterness, resentment, unforgiveness, or a bad temper remaining in you?

1. "He set another parable before them, saying, "The Kingdom of Heaven is like a man who **sowed good**

seed in his field, but while people slept, his enemy came and **sowed darnel weeds** also among the wheat, and went away. But when the blade sprang up and produced grain, then the darnel weeds appeared also. The servants of the householder came and said to him, 'Sir, **didn't you sow good seed in your field? Where did these darnel weeds come from?**' "He said to them, '**An enemy has done this.**' "The servants asked him, '**Do you want us to go and gather them up?**' "But he said, 'No, lest perhaps while you gather up the darnel weeds, you root up the wheat with them. Let both grow together until the harvest, and in the harvest time I will tell the reapers, "First, gather up the darnel weeds, and bind them in bundles to burn them; but gather the wheat into my barn.'""

Matthew 13:24-30 WEBUS

- a) Good seed only comes from God...
 - 1) It is nurtured and bears good fruit when it is planted in good soil and only remains when you adhere to the lesson about the True Vine!
- b) Bad seed always comes from the Devil
 - 1) It is nurtured and bears no fruit when it is planted in soil filled with these nutrients: anger,

annoyance, irritability, frustration, bitterness, resentment, unforgiveness, and a bad temper,

- c) Whatever seed is nurtured is what grows and spreads RAPIDLY! So be very careful!
- 1) *“He set another parable before them, saying, “The Kingdom of Heaven is like **a grain of mustard seed** which a man took, and **sowed in his field**, which indeed is smaller than all seeds. **But when it is grown, it is greater** than the herbs and becomes a tree, so that the birds of the air come and lodge in its branches. He spoke another parable to them. “The Kingdom of Heaven is **like yeast** which a woman took and **hid in three measures of meal, until it was all leavened.**””* Matthew 13:31-33 WEBUS

(b) Explanation: Remember, keep this in the context of our object lesson!

1. “Jesus spoke all these things in parables to the multitudes; and without a parable, he didn’t speak to them, that it might be fulfilled which was spoken through the prophet, saying, “I will open my mouth in parables; I will utter things hidden from the foundation of the world.” Then Jesus sent the

multitudes away, and went into the house. His disciples came to him, saying, **“Explain to us the parable of the darnel weeds of the field.”** He answered them, **“He who sows the good seed is the Son of Man,** the field is the world, **the good seeds** are the children of the Kingdom, and **the darnel weeds are the children of the evil one. The enemy who sowed them is the devil.** The harvest is the end of the age, and the reapers are angels. As therefore **the darnel weeds are gathered up and burned with fire;** so will it be at the end of this age. The Son of Man will send out his angels, **and they will gather out of his Kingdom all things that cause stumbling and those who do iniquity, and will cast them into the furnace of fire.** There will be weeping and gnashing of teeth. **Then the righteous will shine like the sun in the Kingdom of their Father.** He who has ears to hear, let him hear.” Matthew 13:34-43 WEBUS

- a) The seeds of anger, annoyance, irritability, frustration, bitterness, resentment, unforgiveness, or a bad temper are from the devil.

- 1) Y'shua sows good seed into your world, and when you are connected to Him (the vine), you are that good seed.
- 2) The Devil sows bad seeds that never bear fruit.
- 3) And just as we learned in the lesson about the True Vine, when branches (you) don't bear fruit (evidence), they are gathered up and burned with fire.

(c) The ONLY POSSIBLE REMEDY for this anger, annoyance, irritability, frustration, bitterness, resentment, unforgiveness, or a bad temper...

1. "Yahweh says: **"Cursed is the man who trusts in man, relies on strength of flesh,** and whose heart departs from Yahweh. For **he will be like a bush in the desert,** and will not see when good comes, but **will inhabit the parched places in the wilderness,** an uninhabited salt land. "Blessed is the man who trusts in Yahweh, and whose confidence is in Yahweh. For **he will be as a tree planted by the waters, who spreads out its roots by the river,** and will not fear when heat comes, but its leaf will be green, and will not be concerned in the year of drought. **It won't cease from yielding fruit.** The heart is deceitful above all things

and it is exceedingly corrupt. Who can know it?"

Jeremiah 17:5-9 WEBUS

a) Plant good seed in good soil with abundant water.

- 1) You cannot remedy your anger, annoyance, irritability, frustration, bitterness, resentment, unforgiveness, or a bad temper with some secular therapeutic model!
- 2) It comes only when you place all your trust in the Vinedresser and the True Vine.
- 3) Do that, and you will never cease to bear good fruit.
- 4) Any belief other than that is a deception of the heart! BECAUSE...
- 5) *"Even so, every good tree produces good fruit, but the corrupt tree produces evil fruit. A good tree can't produce evil fruit, neither can a corrupt tree produce good fruit. Every tree that doesn't grow good fruit is cut down and thrown into the fire. Therefore by their fruits you will know them."* Matthew 7:17-20 WEBUS

Prayer: I SURRENDER MY ANGER (*Father, I confess that to live in a state of annoyance, irritability, frustration, bitterness, resentment, and unforgiveness, will undoubtedly cause my temper to flare. Uncontrollable anger never yields results that are pleasing to You. I know there are many things about which it would be wise to “sleep on” before I make a decision; but surrendering my anger is not one of them!*) I WILL PRACTICE EXPERIENCING PEACE (*Today, I will not allow injustice to rattle me, nor the harmful ways in which I am treated by others. Instead, I will seek peace; a tranquil feeling, and to live in a state of joy without disturbance or conflict. I believe that to sense supernatural calm and serenity is more attainable than I might have previously thought, and once I experience it, it will boggle my mind—but in a very good way!*)

ASSIGNMENT #17

1. Pray about and meditate on these Scriptures:

- A. “For **the word of God** is living and active, and sharper than any two-edged sword, piercing even to the dividing of soul and spirit, of both joints and marrow, and **is able to discern the thoughts and intentions of the heart. There is no creature that is hidden from his sight, but *all things are naked and laid open before the eyes of him to whom we must give an account.***” Hebrews 4:12-13 WEBUS

- B. *“But there is **nothing covered up that will not be revealed,** nor hidden that will not be known.”* Luke 12:2 WEBUS
- C. *“For **God will bring every work into judgment, with every hidden thing, whether it is good, or whether it is evil.**”*
Ecclesiastes 12:14 WEBUS
- D. *“For **no one can lay any other foundation than that which has been laid, which is Jesus Christ.** But if anyone builds on the foundation with gold, silver, costly stones, wood, hay, or straw, **each man’s work will be revealed. For the Day will declare it, because it is revealed in fire;** and the fire itself will test what sort of work each man’s work is.”* 1 Corinthians 3:11-13 WEBUS
- E. *“For the time has come for **judgment** to begin with the household of God. If it **begins first with us,** what will happen to those who don’t obey the Good News of God?”* 1 Peter 4:17 WEBUS
2. **Surrender Anger: “Be angry, and don’t sin.”** *Don’t let the sun go down on your wrath, and don’t give place to the devil.”*
Ephesians 4:26-27
- A. Search your heart humbly and honestly.
- 1) Do you confess that to live in a state of annoyance, irritability, frustration, bitterness, resentment, and

unforgiveness, will undoubtedly cause your temper to flare?

- 2) Would you agree that uncontrollable anger never yields results that are pleasing to God?
- 3) Do you acknowledge that there are many things about which it would be wise to “sleep on” before you make a decision; but surrendering your anger is not one of them?
- 4) Please review your answer to each question and explain your strategy to address it.
- 5) Who will hold you accountable to surrender your anger?

3. **Practice Peace:** *“The peace of God, which surpasses all understanding, will guard your hearts and your thoughts in Christ Jesus.”* Philippians 4:7

A. Are you prepared to experience peace that surpasses human understanding?

- 1) Are you ready to no longer allow injustice to rattle you, nor the harmful ways in which you are treated by others?
- 2) Are you willing to seek peace; a tranquil feeling, and to live in a state of joy without disturbance or conflict?
- 3) Do you confess that to sense supernatural calm and serenity is more attainable than you might have previously thought, and once I experience it, it will boggle your mind—but in a very good way?

- 4) Please review your answer to each question and explain your strategy to address it.
- 5) Who will hold you accountable to experience peace?